

Algo Contigo

拍數: 32 牆數: 4 級數: Novice
編舞者: Amanda Rizzello (FR) - July 2016
音樂: Algo Contigo - Gente de Zona



INTRO : Start on lyrics « mueve tu cintura » about 25 secondes

HEEL GRIND OUT OUT RIGHT&LEFT , MAMBO FORWARD R&L

1&2 Heel Right over Left, body weight on heel Right & step left side , step Right side right
3&4 Heel Left over Right, body weight on heel Left & step right side , step Left side left
5&6 Step Right forward, recover on left, step Right side Right
7&8 Step Left forward, recover on right, step Left side Left

STEP ½ L , STEP ¼ L, V STEP

1,2 Step Right forward, ½ turn Left,
3,4 Step Right forward, ¼ turn Left,
5,6 Step Right Forward , Step Left Forward
7,8 Back on Right, Back on Left side Right

MAMBO SIDE RIGHT ½ TURN , MAMBO SIDE LEFT, JAZZ BOX

1&2 Step Right to side Right ,recover on left , ½ turn Right ,close Right beside Left
3&4 Step Left to side Left, recover on right, step Left beside Right
5,6 Step Right cross over Left, back on Left
7,8 Step Right to right side, Step Left beside Right

OUT OUT, TRILPE SIDE RIGHT, OUT OUT, TRILPE SIDE LEFT

1,2 Step Right side Right, Step Left side Left
3&4 Step right to side right, step Left beside Right, step Right
5,6 Step Left side Left, Step Right side Right
7&8 Step Left to side Left, step Right beside Left , Step Left

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