

Sweet Fantasy

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: DanceOnCelia - June 2016
音樂: Fantasy - Mariah Carey



#16 Counts Intro (From 1st beat)

LEFT FORWARD, RIGHT TOUCH SIDE, RIGHT CROSS, LEFT TOUCH SIDE, LEFT JAZZ BOX TURNING 1/4 LEFT

- 1-2 Step L Foot Forward (1), Touch R To Side right (2) □(12:00)
3-4 Cross R Foot Over L (3), Touch L To Side left (4) □(12:00)
5-8 Cross L Foot Over R (5), R Foot Step Back (6), L Foot Turn 1/4 left (7), R Toe Point to right side (8) (9:00)

HIP GRIND LEFT TO RIGHT AND R TO LEFT. VINE TO THE RIGHT STARTING WITH R FOOT, & TOUCH L BESIDE RIGHT* (Facing 9:00)

- 1-2 Step R & Grind Hip from L To R (1), Point L Toe slightly 1/8 towards left (2)
(Switching weight L to R Foot, L Toe points slightly 1/8 towards left)
3-4 Grind Hip from R To L (3), Point R Toe slightly 1/8 towards right (4)
(Switching weight R to L Foot, R Toe points slightly 1/8 towards right)
5-8 R Foot Step To right (5), L Foot Step Behind R(6), R Foot step to Side Right (7), L Foot Touch Beside R (8)

VINE TO THE RIGHT WITH 1/4 TURN TO THE LEFT, TOUCH R BESIDE L.

SMALL & QUICK JUMPS 1/4 TO THE LEFT (switching weight 3x from R-L touch, L-R touch, R-L touch), L FOOT STEP TO LEFT, POINT RIGHT TOE TO RIGHT SIDE.

- 1-4 L Foot Step To left side, R Foot Step Behind L, L Foot step 1/4 to left, R Foot Touch Beside L (Vine with 1/4 to left) □ (6:00)
&5 & side R turning 1/4 left (&), L Touch Together (5) □(3:00)
&6 & side L turning 1/4 left (&), R Touch Together (6) □(12:00)
&7 & side R turning 1/4 left (&), L Touch Together (7) □(9:00)
&8 L Step to Left (&), R Toe Point To right Side (8) □(9:00)
(body slightly facing 1/8 towards right)

R FOOT BEHIND L, & CROSS L OVER R. DROP R SHOULDER, DROP L SHOULDER, DROP SHOULDER R-L-R (each time slowly raise your body up till you reach standing position). POINT R TOE TO RIGHT. CIRCLE KNEE (Rolling L-R-L), RIGHT COASTER FORWARD* (Facing 9:00)

- &1, 2 R Foot Behind left (&), L Cross Over Right as you drop R shoulder & pop up L shoulder, & bend both Knees (R Foot crosses behind left as weight is taken off) (1), drop your L shoulder, popping R shoulder up (2) (remain at low body position)
3&4 Drop R shoulder (3), drop L shoulder (&) drop R shoulder (4)
(As shoulder pops in opposite directions R,L&R, slowly raise your body on counts 3&4)
5,6 R Foot Touch side right (5), Circle Knee (Starting Up-Circular motion from L-R-L) (6)
7&8 R Foot Step Back (7) L Together (&), R Forward (8)

REPEAT

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