

Luna Sincera (Moon Sincere)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Improver
編舞者: mBah Wir (INA) - August 2016
音樂: Luna Sincera by Giuseppe Maggi



Intro: 36 counts

*3 Restarts on Walls 2, 5 & 7

S1: FORWARD, HOLD, FORWARD, FORWARD, ¼ RIGHT JAZZ BOX

1-4 Step L forward, Hold, Step R forward, Step L forward
5-8 Cross R over L, Make ¼ R step L back, Step R to side, Touch L beside R

S2: LEFT ROLLING VINE, SIDE, HOLD, TOGETHER, STEP IN PLACE

1-4 Make ¼ L step L forward, Make ½ L step R back, Make ¼ L step L to side, Touch R beside L
5-8 Step R to side, Hold, Step L next to R, Step R in place

S3: SIDE, HOLD, ¼ RIGHT SLOW SAILOR COASTER, FORWARD, HOLD, FORWARD, FORWARD

1-4 Step L to side, Hold, Make ¼ R step R back, Step L next to R
5-8 Step R forward, Hold, Step L forward, Step R forward

S4: MODIFIED RUMBA BOX

1-4 Step L forward, Hold, Step R to side, Step L next to R
5-8 Step R back, Hold, Step L back, Step R back

S5: BACK TOE STRUTS, SLOW COASTER STEP

1-4 Touch L toe back, Drop L heel, Touch R toe back, Drop R heel
5-8 Step L back, Step R next to L, Step L forward, Hold

S6: CROSS OVER, HITCH, CROSS OVER HITCH, CROSS, SIDE, BEHIND, SWEEP

1-4 Cross R over L, Hitch L, Cross L over R, Hitch R
5-8 Cross R over L, Step L to side, Cross R behind L, Sweep L from front to back

S7: RIGHT WEAVE, ½ LEFT RIGHT BACK, ROCK, RECOVER, FORWARD, HOLD

1-4 Cross L behind R, Step R to side, Cross L over R, Make ¼ L step R back
5-8 Rock L back, Recover on R, Step L forward, Hold

S8: FORWARD, FORWARD, FORWARD, HOLD, ROCK, RECOVER, TOGETHER, IN PLACE

1-4 Step R forward, Step L forward, Step R forward, Hold
5-8 Rock L forward, Recover on R, Step L next to R, Step R in place

Restart during wall 2 after 38 count (Facing 09.00)

Restart during wall 5 after 36 count (Facing 09.00)

Restart during wall 7 after 38 count (Facing 06.00)

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