Dancing On My Own



拍數: 32 牆數: 4 級數: Improver

編舞者: Gary Spurway (UK) - August 2016

音樂: Dancing On My Own (Tiësto Remix) (feat. Tiësto) - Calum Scott



Section 1, Rock Back ,Shuffle Forward ,Rock Forward ,Shuffle Back

1-2 rock back on right recover left

3&4 step right forward ,left beside, step right forward

5-6 rock forward left ,recover right

7&8 step left back ,right beside , step left back

Section 2, Rock Back , Walk, Walk, ¼ Turn Cross, Side

1-2 rock back on right recover left

3-4 walk forward right left

5-6 step forward on right ¼ turn left weight on left7-8 cross right in front of left ,step left to side

(all the restarts start here)

Section 3, Sailor And Heel ,Rock Forward ,Coaster ,Rock Forward

step right behind ,step left to side ,right heel forwardweight on right as u rock forward on left recover on right

5&6 step left back ,right next to left,left forward

7-8 rock forward on right recover left

Section 4, Half Turn Shuffle ,Skate Skate ,Left Shuffle ,Rock

1&2 step right to side as you do ¼ turn ,step right to side as you do ¼ turn

3-4 skate left forward ,skate right forward

5&6 step left forward right next to right step left forward

7-8 rock right forward ,recover left

Restart and enjoy

You only face the front wall twice at first wall and last wall

Restarts: are after count 16 on walls 3,5,8,10 the music changes so easily noticed

Enjoy

Contact: www.crazyrenegades.co.uk - info@crazyrenegades.co.uk