

Dancing On My Own

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary Spurway (UK) - August 2016
音樂: Callum Scott - Dancing On My Own (Tiesto remix /audio)



Section 1, Rock Back ,Shuffle Forward ,Rock Forward ,Shuffle Back

1-2 rock back on right recover left
3&4 step right forward ,left beside, step right forward
5-6 rock forward left ,recover right
7&8 step left back ,right beside , step left back

Section 2, Rock Back ,Walk,Walk, ¼ Turn Cross, Side

1-2 rock back on right recover left
3-4 walk forward right left
5-6 step forward on right ¼ turn left weight on left
7-8 cross right in front of left ,step left to side

(all the restarts start here)

Section 3, Sailor And Heel ,Rock Forward ,Coaster ,Rock Forward

1&2 step right behind ,step left to side ,right heel forward
3-4 weight on right as u rock forward on left recover on right
5&6 step left back ,right next to left,left forward
7-8 rock forward on right recover left

Section 4, Half Turn Shuffle ,Skate Skate ,Left Shuffle ,Rock

1&2 step right to side as you do ¼ turn ,step right to side as you do ¼ turn
3-4 skate left forward ,skate right forward
5&6 step left forward ,right next to right step left forward
7-8 rock right forward ,recover left

Restart and enjoy

You only face the front wall twice at first wall and last wall

Restarts: are after count 16 on walls 3,5,8,10 the music changes so easily noticed

Enjoy

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