

Waltz With A Hero

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Lars Kuif (NL) - August 2016
音樂: Waltz With a Hero - Derek Ryan



Info: □ Starts after 24 counts.

[1 – 6] Twinkle, Twinkle ½

1 – 3 Step L across R (1), step R to side (2), step L to side (3) [12.00]
4 – 6 Step R across L (4), ¼ R stepping L back (5), ¼ R stepping R to side (6) [06.00]

[7 – 12] Weave, Point

1 – 3 Step L across R (1), step R to side (2), step L behind R (3) [06.00]
4 – 6 Step R to side (4), point L to side (5), hold (6) [06.00]

[13 – 18] ¾ Basic Turn, Basic Back

1 – 3 ¼ L stepping L fwd. (1), ½ R stepping R back (2), step L next to R (3) [09.00]
4 – 6 Step R back (4), step L next to R (5), step R on place (6) [09.00]

[19 – 24] (Step Fwd., Sweep) 2x

1 – 3 Step L fwd. (1), sweep R fwd. (2-3) [09.00]
4 – 6 Step R fwd. (4), sweep L fwd. (5-6) [09.00]

[25 – 30] Twinkle (2x)

1 – 3 Step L across R (1), step R to side (2), step L to side (3) [09.00]
4 – 6 Step R across L (1), step L to side (2), step R to side (3) [09.00]

[31 – 36] Rock, ½ Turn

1 – 3 Rock L slowly fwd. (1-3) [09.00]
4 – 6 Recover to R (4), ½ L stepping L fwd. (5), step R fwd. (6) [03.00]

[37 – 42] Basic ½ (2x)

1 – 3 Step L fwd. (1), ½ L stepping R back (2), step L next to R (3) [09.00]
4 – 6 Step R back (4), ½ L stepping L fwd. (5), step R fwd. (6) [03.00]

[43 – 48] Step Across, Point, Step Back, Point

1 – 3 Step L across R (1), point R to side (2), hold (3) [03.00]
4 – 6 Step R back (4), point L to side (5), hold (6) [03.00]

Tag 1: At the end of wall 2 [06.00], add:

1 – 3 Step L across R (1), ½ turn R to face 12 o'clock (2), recover weight to R (3) [12.00]

Restart: Dance wall 5 up to count 24 and restart [03.00]

Tag 2: At the end of wall 7 [09.00], add:

1 – 3 Step L across R (1), ¼ turn R to face 12 o'clock (2), recover weight to R (3) [12.00]

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