

# 5 in The Morning

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Dustin Betts (USA) - June 2016  
音樂: Drunk In the Morning - Lukas Graham : (Album: Lukas Graham - 3:23)



**\*\* Placed 2nd in Phrased category at Fun In The Sun. \*\***

**Intro – 32 counts from start**

**[1 – 8] □ R CROSS, L ROCK & CROSS & CROSS, ¼ R STEPPING R FWD, ½ R STEPPING BACK L SWEEPING R FRONT TO BACK, BEHIND SIDE CROSS, L ROCK, RECOVER R. □**

- 1 2 &      Cross R over L (1), Rock L to L (2), Recover R (&) □-12.00  
3 & 4      Cross L over R (3), Step R to R (&), Cross L over R (4) □-12.00  
& 5      Make ¼ turn right stepping R fwd (&), Make ½ turn right stepping back on L sweeping R from front to back (5) □-9.00  
6 7 &      Cross R behind L (6), Step L to L side (7), Cross R over L (&) □-9.00  
8 &      L side rock (8), Recover R (&) □-9.00

**[9 – 16] □ CROSS L OVER R, ¼ L STEPPING BACK R, ¼ SAILOR L, FWD R MAMBO, POINT L TOE BACK, BODY ROLL L TAKING WEIGHT, ¼ PIVOT L TOUCHING R TO L. □**

- 1 2      Cross L over R (1), ¼ turn left stepping back on R (2) □-6.00  
3 & 4      Step L behind R (3), make ¼ turn left stepping R to R (&), Step L fwd (4), □-3.00  
5 & 6      Step fwd on R (5), Recover L (&), Step back on R (6) □-3.00  
7 &      Point left toe back (7), Body roll taking weight onto L (&) □-3.00  
8      Pivot ¼ to left, touching R to L (8) □-12.00

**[17 – 24] □ ¼ TURN R STEPPING FWD R, ¼ TURN R STEPPING L TO L, BEHIND SIDE CROSS, L ROCK AND CROSS, ¼ TURN L BACK SHUFFLE. □**

- 1 2      Make a ¼ turn right stepping R fwd (1), Make ¼ turn right stepping L to L side (2), □-6.00  
3 & 4      Step R behind L (3), Step L to L side (&), Cross R over L (4), □-6.00  
5 &      Rock L to L side (5), Recover R (&) □-6.00  
6 7      Cross L over R (6), Make ¼ turn left stepping R back (7) □-3.00  
& 8      Cross L over R (&), Step back on R (8), □-3.00

**[25 – 32] □ ¼ TURN L SIDE SHUFFLE, R CROSS SHUFFLE, ¼ TURN, L CROSS OVER R, STEP BACK R., L COASTER □**

- 1 & 2      Make ¼ turn left stepping L to L (1), Step R next to L (&), Step L to left side (2) □-12.00  
3 & 4      Cross R over L (3), Step L to L side (&), Cross R over L (4) □-12.00  
5 6      Cross L over R making 1/8 turn L (5), Step R back making 1/8 turn L (6) □-9.00  
7 & 8      Step back L (7), Step R next to L (&), Step forward L (8) □-9.00

**TAG: □ Do Tag after wall 3 facing 3.00. 4th wall starts after tag facing 9.00 □**

- 1,2      Cross R over L (1), Step L to L side (&), Step R to R (2),  
3,4      Cross L over R (&), Rock R to R side (3), Recover L (&), Cross R over L (4),  
5,6      ½ turn left unwind L taking weight (5-6),  
7,8      Step R back (7), Step L next to R (8) □-9.00

**ENDING: □ The 11th wall is facing 3.00. You will redo tag through count 6, but instead of doing half unwind. You unwind to 12.00. □**

**Restart is on 9th wall facing 3.00. Do first 7 counts and for count 8 after stepping L to L, drag R foot in. Do not take weight. Then Restart facing 6.00.**

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Last Update - 4th Aug 2016

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