

Dancing In Flames (火焰之舞) (zh)

COPPER KNOB
BY STEPHEN T. S.

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Irene Deng (TW) - 2016年07月
音樂: Dancing in Flames (Dandy Lion Remix) - Chinook : (iTunes)



Intro : 16 count (Approx. 11 Seconds Into Track) - Sequence : AAA Tag AB / AAAB

PART A: 32 count

SECTION 1: FORWARD STEP, TOGETHER, HIP SWAYS, FORWARD STEP, TOGETHER, HIP SWAYS

1 – 2 Step R forward diagonal (1:30), Step L beside R,
3 & 4 Step & Hip sways RLR
5 – 6 Step L forward diagonal (10:30), Step R beside L
7 & 8 Step & Hip sways LRL
1 – 2 右足右斜前踏, 左足併右足旁
3 & 4 雙足原地踏同時扭臀 右左右
5 – 6 左足左斜前踏, 右足併左足旁
7 & 8 雙足原地踏同時扭臀 左右左

SECTION 2: BACK, TOUCH HIP BUMP, BACK, TOUCH HIP BUMP, MAMBO, RECOVER, BACK, BACK MAMBO, RECOVER, FORWARD

1 – 2 Step R back, Touch L forward & Bumping Hip Forward
3 – 4 Step L back, Touch R forward & Bumping Hip Forward
5 & 6 Mambo R forward, recover on L, Step R back
7 & 8 Mambo L back, recover on R, Step L forward
1 – 2 右足退, 左足點在右足前推左臀
3 – 4 左足退, 右足點在左足前推右臀
5 & 6 右足前曼波, 重心回左足, 右足後踏
7 & 8 左足後曼波, 重心回右足, 左足前踏

SECTION 3 : SAMBAX2, PIVOT 1/2 R, SAMBA

1, & 2 Cross R over L, Step L to left side, Replace on R
3, & 4 Cross L over R, Step R to right side, Replace on L
5 – 6 Step R forward, making 1/2 turn left, Step L forward
7, & 8 Cross R over L, Step L to left side, Replace on R
1, & 2 右足交叉左足前, 左足左旁踏, 重心回右足
3, & 4 左足交叉右足前, 右足右旁踏, 重心回左足
5 – 6 右足前踏 向左後轉 左足前踏
7 & 8 右足交叉左足前, 左足左旁踏, 重心回右足

SECTION 4 : CROSS, COUNTER CLOCKWISE UNWIND, FORWARD SHUFFLE, HIP SWAY, TOUCH HIP BUMP, HIP SWAY, TOUCH HIP BUMP

1 – 2 Cross L over R, Step R forward Counterclockwise unwind,
3 & 4 Step L forward, Step R next to L, Step L forward
5 – 8 Step R to R side Hip sway from back to right, Step R to R side Hip sway from back to left
1 – 2 左足交叉右足前, 右足前踏逆時轉一圈
3 & 4 左足前進交換步 左右左
5 – 8 右足右踏同時臀部由後往右, 左足旁點同時推臀, 左足左踏同時臀部由後往左, 右足旁點同時推臀

PART B : 32 count

SECTION 1 : WEAVE, LOCK BACK, 1/8 TURN R CHASSE, 1/2 TURN R CHASSE

1 & 2 Cross R behind L, Step L to L, Cross R over L

- 3 & 4 Step back diagonal on L(1:30), lock R in front of L, step back on L
5 & 6 1/4 Turn right Step R to right side, step L next to R, Step R to right
7 & 8 1/2 turn right, Step L to left side, step R next to L, Step L to left
1 & 2 編織步 右足左後踏，左足旁踏，右足交叉左足前
3 & 4 斜退鎖步(面向1:30)，左足後踏，右足鎖左足後，左足退
5 & 6 右轉1/8 右側滑步(RLR)(3:00)
7 & 8 右轉1/2左側滑步(LRL) (9:00)

SECTIONS 2 - 4 Repeat section 1

第二到第四個八拍 重複第一個八拍的腳步

Tag: Dance to end of wall 3 , Add on a 4 count Tag

1 – 4 Sway to right(1,2) , Sway to left (3,4)

間奏: 在第三面牆結束 做四拍間奏。

重心右足身體搖擺往右 2拍，重心換至左足身體搖擺往左 2拍

Have fun!!! Happy Dance

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