

Marlena

拍數: 32 牆數: 2 級數: Beginner
編舞者: Frank Heelan (IRE) - July 2016
音樂: Marlena - The Davitt Country Band



Sec 1: Walk, walk, side rock cross, side, back, sailor ¼ turn.

1-2 Walk forward right, left.
3&4 Rock right to right, replace to left, cross right over left.
5-6 Step left to left, step back right.
7&8 Turn ¼ left, sweep left behind right, step right to right, left forward.

Sec 2: Step lock, step lock step, rock recover, chasse ¼ turn.

1-2 Step right forward, lock left behind.
3&4 Step right forward, lock left behind, right forward.
5-6 Rock left forward, recover to right.
7&8 Turn ¼ left stepping left to left, step right next to left, step left to side.

Sec 3: Front, side, behind, side, cross, side rock, recover ¼ right, shuffle ½ turn right.

1-2 Step right over left, step left to left.
3&4 Step right behind, left to left, step right over left.
5-6 Rock left to left, recover ¼ turn right.
7&8 Turn ¼ right, step left to left, step right together, turn ¼ right stepping back left.

Sec 4: Rock recover, shuffle forward, rock recover, step back, ¼ step right, step left.

1-2 Rock back right, recover to left.
3&4 Step right forward, left together, right forward.
5-6 Rock forward left, recover to right.
7&8 Step back left, turn ¼ right stepping right to right, step forward left.

There is one Restart on wall 5. Dance the first 16 counts and Restart facing 6.00.
There is a quickstep tempo to the dance throughout: S S Q Q S.
