

# Marlena

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Frank Heelan (IRE) - July 2016  
音樂: Marlena - The Davitt Country Band



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## Sec 1: Walk, walk, side rock cross, side, back, sailor ¼ turn.

1-2      Walk forward right, left.  
3&4      Rock right to right, replace to left, cross right over left.  
5-6      Step left to left, step back right.  
7&8      Turn ¼ left, sweep left behind right, step right to right, left forward.

## Sec 2: Step lock, step lock step, rock recover, chasse ¼ turn.

1-2      Step right forward, lock left behind.  
3&4      Step right forward, lock left behind, right forward.  
5-6      Rock left forward, recover to right.  
7&8      Turn ¼ left stepping left to left, step right next to left, step left to side.

## Sec 3: Front, side, behind, side, cross, side rock, recover ¼ right, shuffle ½ turn right.

1-2      Step right over left, step left to left.  
3&4      Step right behind, left to left, step right over left.  
5-6      Rock left to left, recover ¼ turn right.  
7&8      Turn ¼ right, step left to left, step right together, turn ¼ right stepping back left.

## Sec 4: Rock recover, shuffle forward, rock recover, step back, ¼ step right, step left.

1-2      Rock back right, recover to left.  
3&4      Step right forward, left together, right forward.  
5-6      Rock forward left, recover to right.  
7&8      Step back left, turn ¼ right stepping right to right, step forward left.

There is one Restart on wall 5. Dance the first 16 counts and Restart facing 6.00.  
There is a quickstep tempo to the dance throughout: S S Q Q S.

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