

I Feel Good

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2
編舞者: Satu Ketellapper (NL) - July 2016
音樂: I Feel Good - Thomas Rhett

級數: Newcomer / Beginner WCS



Restart after 3rd wall (6:00) after 8 counts

[1-8] □mambo cross 2x, ½ pivot turn, shuffle ½

1&2 RF step to R side, switch weight to R side, switch weight to L side, RF cross over LF
3&4 LF step to L side, switch weight to L side, switch weight to R side, LF cross over RF
5-6 RF step fwd, RF ½ turn to L side (6:00)
7&8 3&4 RF step out ¼ turn (3:00), close LF to RF, RF step back ¼ turn (12:00)

[9-16] □coasterstep, kickball change, ½ turn, slide

1&2 LF step back, RF close to LF, LF step fwd
3&4 RF kick fwd, RF close to LF, LF step fwd (weight on LF)
5-6 RF point back, ½ turn (6:00)
7-8 LF big step fwd, RF drag to LF

[17-24] jazz box, shuffle diagonal, swivels

1-4 RF cross over LF, LF step back, RF step ¼ turn out to R side (9:00), LF close to RF
5&6 RF step diagonal to R side, LF close to RF, RF step diagonal to R side (2:00)
7-8 LF swivel to L side, RF swivel to R side (9:00)

[25-32] rockstep, shuffle ½, out 2x, in 2x, slide

1-2 LF rockstep fwd, recover
3&4 LF step out ¼ turn (12:00), close RF to LF, LF step fwd ¼ turn (3:00)
&5&6 RF step out on toe, LF step out on Toe, RF step in, LF step close to RF
7-8 RF big step R side, LF drag to RF

[33-40] hip swing, step fwd 2x, rockstep,

1-2 RF step out to R side, Swing hips from L to R side
3-4 swing hips from R to L side
5-6 LF step fwd, RF step fwd
7&8 RF rockstep fwd, recover, RF step back

[41-48] coasterstep, hip bumps, swivel, touch

1&2 LF step back, RF close to LF, LF step fwd
3&4 RF step out ¼ turn (12:00), bump hips to R side 2x
5&6 LF step out ½ turn (6:00), bump hips to L side 2x
7&8 RF swivel to R side, LF step back ¼ turn (9:00), RF touch next to LF

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