

Semua Bisa Bilang

拍數: 80 牆數: 1 級數: Phrased Improver Cha Cha
編舞者: Manullang Benedikta Manna (INA) & Khansa Chalista - July 2016
音樂: Semua Bisa Bilang Sayang by The Mercy's



Start dance on vocal after 32 counts intro. - Sequence : A-A-B-B (6.00) –A-C-B-B(6.00) -A-A(ending)

Section A (32 counts)

A 1: □RUMBA BOX WITH CHA2

1 – 2 Step R to side – step L next to R
3 & 4 Forward shuffle on R,L,R
5 – 6 Step L to side – step R next to L
7 & 8 Backward shuffle on L,R,L

A2:□BACK ROCK , ½ TURN LEFT SHUFFLE , BACK ROCK , FORWARD SHUFFLE

1 – 2 Rock R back – recover on L
3 & 4 ¼ turn left step R to side – close L next to R – ¼ turn left step R back (6.00)
5 – 6 Rock L back – recover on R
7 & 8 Forward shuffle on L,R, L

A3:□RIGHT VINE WITH TURN AND RECOVER , CROSS SIDE CROSS TOUCH

1 – 4 ¼ turn right step R fwd – ½ turn right step L back – ¼ turn right rock R to side – recover on L
5 – 8 Cross R over L – step L to side – cross R over L – touch L to side

A4:□PIVOT ½ RIGHT , FORWARD SHUFFLE , ½ TURN LEFT SHUFFLE , ½ TURN LEFT SHUFFLE

1 – 2 Rock L forward – pivot ½ right recover on R (12.00)
3 & 4 Forward shuffle on L,R,L
5 & 6 ½ turn left shuffle on R,L,R (6.00)
7 & 8 ½ turn left shuffle on L,R,L (12.00)

Section B (16 counts)

B1:□ STEP SIDE , TOUCH BEHIND (R AND L), TOE STRUTS (R AND L)

1 – 4 Step R to side – touch L behind R – Step L to side – touch R behind L
5 – 8 Touch R toe forward – step down on R – touch L toe forward – step down on L

B2:□PIVOT ¼ LEFT (X2) , JAZZ BOX

1 – 4 Rock R forward – ¼ turn left recover on L – Rock R forward – ¼ turn left recover on L
5 – 8 Cross R over L – step L back – step R to side – cross L over R

Section C (32 counts)

C1:□WEAVE TO LEFT WITH SWEEP , WEAVE TO RIGHT WITH SWEEP

1 – 4 Cross R over L – step L to side – step R behind L – sweep L from front to back (12.00)
5 – 8 Step L behind R – step R to side – cross L over R – sweep R from back to front

C2:□WEAVE TO LEFT , CROSS ROCK, SIDE HOLD

1 – 4 Cross R over L – step L to side – step R behind L – step L to side
5 – 8 Cross rock R over L – recover on L – step R to side – hold

C3:□WEAVE TO RIGHT WITH SWEEP , WEAVE TO LEFT WITH SWEEP

1 – 4 Cross L over R – step R to side – step L behind R – sweep R from front to back
5 – 8 Step R behind L – step L to side – cross R over L – sweep L from back to front

C4:□WEAVE TO RIGHT , CROSS ROCK , SIDE HOLD

1 – 4 Cross L over R – step R to side – step L behind R – step R to side
5 – 8 Cross rock L over R – recover on R – step L to side – hold

Ending : do the Section A1 (8 counts) , then add

1 – 6 Rock R back – recover on L – rock R forward - turn ½ left – rock R forward – turn ½ left and
pose !! (12.00)

HAVE FUN !!!!

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