

Special Lady (aka Mulher Especial)

拍數: 68 牆數: 2 級數: Improver
編舞者: Wil Bos (NL) - July 2016
音樂: Mulher Especial - Musical JM : (Album: Busão Do JM)



Intro: 36 counts

S1: Fwd, Kick, Coaster, Pivot ½ L, Walk x2

1-2 RF step forward, LF kick forward
3&4 LF step back, RF together, LF step forward
5-8 RF step forward, R+L ½ turn left, RF step forward, LF step forward [6]

S2: Out Out, Hold, Ball Cross, Hold, Side, Together, Shuffle Fwd

&1-2 RF step side (out), LF step side (out), hold
&3-4 RF together, LF cross over, hold
5-6 RF step side, LF together
7&8 RF step forward, LF step beside, RF step forward [6]

S3: Rock Fwd Recover Together (x2), Pivot ½ R, ¼ R Chassé

1-2& LF rock forward, RF recover, LF together
3-4& RF rock forward, LF recover, RF together
5-6 LF step forward, L+R ½ turn right
7&8 LF ¼ right step side, RF together, LF step side [3]

S4: Behind, Side, Cross-Point x2, Cross, ¼ R Hitch

1-4 RF cross behind, LF step side, RF cross over, LF point side
5-6 LF step across, RF point side
7-8 RF step across, LF ¼ right hitch [6]

S5: Walk x2, Shuffle Fwd, Rock Fwd Recover, Coaster Cross

1-2 LF step forward, RF step forward
3&4 LF step forward, RF step beside, LF step forward *
5-6 RF rock forward, LF recover
7&8 RF step back, LF together, RF cross over [6]

S6: Side, Touch, Kick Ball Cross, Side-Flick/Slap x2

1-2 LF step side, RF touch beside
3&4 RF kick forward, RF step beside on ball foot, LF cross over
5-6 RF step side, LF flick behind and slap with R hand
7-8 LF step side, RF flick behind and slap with L hand [6]

S7: Figure Of Eight

1-4 RF step side, LF cross behind, RF ¼ right step forward, LF step forward
5-8 L+R ½ turn right, LF ¼ right step side, RF cross behind, LF ¼ left step forward [3]

S8: Rocking Chair, Jazz Box ¼ R

1-4 RF rock forward, LF recover, RF rock back, LF recover
5-8 RF cross over, LF ¼ right step back, RF step side, LF step forward [6] **

S9: Rocking Chair

1-4 RF rock forward, LF recover, RF rock back, LF recover [6]

Start again

Restarts:-

*** Dance the 3rd wall up to and including count 36 (count 4 of the 5th section) and start again**

**** Dance the 6th and 7th wall up to and including count 64 (count 8 of the 8th section) and start again**
