Double Fried



拍數: 64 牆數: 4 級數: Improver

編舞者: Ozgur "Oscar" TAKAÇ (TUR) - July 2016

音樂: Chicken Fried - Zac Brown Band



Intro: 32 counts (00:14)

SEC.1:□STEP, ¼ TURN, ACROSS, HOLD, SIDE, HOLD, BACK ROCK STEP

1-2-3-4 Step R forward, ¼ turn L (09:00) and recover on L, R across, hold

5-6-7-8 Step L side, hold, step R back, recover on L

SEC.2: SIDE, TOGETHER, SIDE, HOLD, RECOVER, HOLD, SIDE, TOGETHER

1-2-3-4 Step R side, L together, R side, hold

5-6-7-8 Recover on L, hold, step R side, L together

SEC.3:□REPEAT SECTION 1

1-2-3-4 Step R forward, ¼ turn L (06:00) and recover on L, R across, hold

5-6-7-8 Step L side, hold, step R back, recover on L

SEC.4:□REPEAT SECTION 2

1-2-3-4 Step R side, L together, R side, hold

5-6-7-8 Recover on L, hold, step R side, L together

SEC.5:□SIDE, TOGETHER, ACROSS, HOLD, ¼ TURN AND BACK STEP, ¼ TURN AND SIDE STEP, ACROSS, HOLD

1-2-3-4 Step R side, L together, R across, hold

5-6-7-8 ½ turn R (09:00) and step L back, ¼ turn R (12:00) and step R side, L across, hold

SEC.6:□REPEAT SECTION 5

1-2-3-4 Step R side, L together, R across, hold

5-6-7-8 ½ turn R (03:00) and step L back, ¼ turn R (06:00) and step R side, L across, hold

SEC.7: □1/4 TURN JAZZ TRIANGLE WITH TOE STRUTS

1-2-3-4 Place R toe across, heel down, ¼ turn R and place L toe back, heel down

5-6-7-8 Place R toe side, heel down, place L toe together, heel down

SEC.8:□SIDE, HOLD, BACK ROCK STEP, SIDE, HOLD, BACK ROCK STEP

1-2-3-4 Step R side, hold, step L back, recover on R Step L side, hold, step R back, recover on L

REPEAT

NOTE: On walls 1 and 8 at counts 33-34 and walls 3-5 and 10 at counts 1-2, there is some feeling like the rhtyhm sounds strange but just follow the same rhythm and keep dancing. After 2 counts you will realise you didn't miss a thing;)

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