

If You Come Into My Heart

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Stella Kim (KOR) - July 2016
音樂: If You Come Inside My Mind (그대 내 맘에 들어오면은) - Inan (강인한)



Intro: 40counts

SEC 1: FORWARD, SIDE POINT, CROSS, 1/4 TURN L BACK, BACK ROCK, RECOVER, RUN, RUN, RUN

1-2 RF forward, LF side point
3-4 LF cross over RF, 1/4 turn L with RF back,
5-6 LF back rock, RF recover,
7&8 forward run, run, run(LF-RF-LF)(9:00)

SEC 2: FORWARD MAMBO, 1/4 TURN L SWEEP, BACKWARD MAMBO, 1/4 TURN L SWEEP

1-2 RF forward rock, LF recover
3-4 RF back, 1/4 turn L with LF sweep from front to back
5-6 LF back rock, RF recover
7-8 LF forward, 1/4 turn L with RF sweep from back to front(3:00)

SEC 3: CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, 1/4 TURN R FORWARD, 1/2 TURN R BACK, 1/4 TURN R SIDE(ROLLING VINE)

1-2 RF cross over LF, LF side
3&4 RF cross behind LF, LF side, RF cross over LF
5-8 LF side rock, 1/4 turn R with RF forward, 1/2 turn R with LF back, 1/4 turn R with RF side(3:00)

SEC 4: ROCKING CHAIR, 1/4 PIVOT TURN R, 1/4 TURN R SIDE LONG STEP, HOLD

1-4 LF forward rock, RF recover, LF back rock, RF recover
5-6 LF forward, pivot 1/4 turn R(weight RF)
7-8 1/4 turn R with LF side long step, hold(9:00)

SEC 5: BACK ROCK, RECOVER, SIDE LONG STEP, HOLD, BACK ROCK, RECOVER, SWAY, SWAY

1-4 RF back rock, LF recover, RF side long step, hold
5-8 LF back rock, RF recover, L sway, R sway(weight RF)

SEC 6: BACK, 1/2 TURN R SWEEP, COASTER STEP, FORWARD ROCK, RECOVER, 1/2 TURN L FORWARD, 1/2 TURN L BACK,

1-2 LF back, 1/2 turn R with RF sweep from front to back
3&4 RF back, LF together, RF forward
5-6 LF forward rock, RF recover
7-8 1/2 turn L with LF forward, 1/2 turn L with RF back(3:00)

SEC 7: BACK, SWEEP, SAILOR STEP, DIAGONAL FORWARD, 1/4 TURN L SWIVEL, DIAGONAL FORWARD, 1/4 TURN R SWIVEL(OCHO STEP)

1-2 LF back, RF sweep from front to back
3&4 RF cross behind LF, LF slight side, RF side
5-8 LF diagonal forward, 1/4 turn L with LF swivel and RF drag to LF
7-8 RF diagonal forward, 1/4 turn R with RF swivel and LF drag to RF

(Note: You're looking straight up while you doing ocho step)

SEC 8: CROSS CHASSE, 1/4 TURN L SWIVEL, CROSS, 1/4 TURN R BACK, BACK ROCK, RECOVER

1-4 LF cross over RF, RF side, LF cross over RF, 1/4 turn L with LF swivel and RF drag to LF

5-8 RF cross over LF(you're looking straight up while you doing on count 1-5), 1/4 turn R with LF back, RF back rock, LF recover

TAG(4 COUNTS)

On the 5th wall, you should dance until 32 counts and 4 counts of Tag and then start again to the count 33(32 counts- Tag-32 counts)

BACK ROCK, RECOVER, SIDE ROCK, RECOVER

1-4 RF back rock, LF recover, RF side rock, LF recover

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<http://www.youtube.com/user/thetrianglelinedance>
