

Castaway

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Wendy McLean (CAN) - July 2016
音樂: Castaway - Zac Brown Band



(No Tags Or Restarts)

Mambo Forward, Mambo Back, Shuffle ¼ Right, Step ¼ Cross

1&2 Rock forward on right, Recover to left, Step right together
3&4 Rock back on left, Recover to right, Step together with left
5&6 Step right ¼ turn right, Step left together, Step forward right (3 o'clock)
7&8 Step forward left, Turn ¼ turn right shifting weight to right, Cross left over right (6 o'clock)

Mambo Side, Mambo Side, Shuffle ¼ Right, Step ½ Step

1&2 Rock side on right, Recover to left, Step together or across with right
3&4 Rock side on left, Recover to right, Step together or across with left
5&6 Step ¼ turn right, Step left together, Step forward right (9 o'clock)
7&8 Step forward left, Turn ½ right with weight to right foot, Step forward left (3 o'clock)

Shuffle Forward, Shuffle Forward, Mambo Forward, Walk Back Left, Right

1&2 Shuffle forward on right diagonal - right, left, right
3&4 Shuffle forward on left diagonal - left, right, left
5&6 Rock forward on right, Recover to left, Step right together
7 8 Walk back left, right

Coaster Step, Shuffle Forward, Step ½ Step, Skate, Skate

1&2 Step back left, Step together with right, Step forward left
3&4 Shuffle forward - right, left, right
5&6 Step forward left, Turn ½ right with weight to right foot, Step forward left (9 o'clock)
7 8 Skate right, Skate left

Restart - Have some fun tonight!

Contact: wmclean40@hotmail.com