

Stomp Happy

拍數: 96 牆數: 1 級數: Phrased Beginner
編舞者: BM Leong (MY) - July 2016
音樂: Cai Cai Ca (踩踩踩) - Jiu Yue Qi Ji (玖月奇蹟)



Sequence of dance: Intro / AA/BB/C/AA/BBBB/B(25-32)/C(1-16)
Start the dance after 16 counts with the Intro

INTRO

1-4 Step R to right side, step L together, step R to right side, touch L together

5-8 Step L to left side, step R together, step L to left side, touch R together

(Styling – swing both hands by the sides forward/back/forward/back)

1-8 Monterey 1/2 turn right RRLL X 2

1-4 Stomping on the spot x 4 RLRL

SECTION A - 32 counts

1-4 Bump hips to right side twice and left side twice swinging both hands right/right/left/left

5-8 Stomping on the spot RLRL

1-4 Bump hips to right side twice and left side twice shooting a hand-formed gun
right/right/left/left

5-8 Stomping on the spot RLRL

1-4 Step R to right side, cross-touch L behind R, step L to left side, cross-touch R behind L

(styling – stretch both arms forward and pull elbows back)

5-8 Step R out raising right arm up, step L out raising left arm up, Step R in placing right hand on
left hip, step L in placing left hand on right hip

1-4 Walk forward on RLR, touch L together

5-8 Big step L backward, drag R to L, step R back, step L together

(Styling for the first & third A – as you step L back on count 5 make a “No” sign with both hands and on count
8 shout “Ahh” putting both hands around your mouth)

SECTION B - 32 counts

1-4 Stomp R slightly forward along right diagonal x 3, step R beside L

5-8 Stomp L slightly forward along left diagonal x 3, step L beside R

1-4 Right toe strut, left toe strut

5-8 Step R forward, kick L forward/touch L together, step L back, touch R together

(styling for second, fourth and sixth B, roll both palms and bend fingers towards you as if calling someone.
Do not use the kick for these 3 Bs)

1-4 Stomp R slightly forward along right diagonal x 3, step R beside L

5-8 Stomp L slightly forward along left diagonal x 3, step L beside R

1-4 Bump hips to right side 4 times raising both arms to left side and slide right hand down

5-8 Bump hips to left side 4 times raising both arms to right side and slide left hand down

SECTION C - 32 counts

1-4 Walk forward on RLR, touch L together

5-8 Walk backward on LRL, touch R together

1-4 Right rolling vine RLR, touch L together
5-8 Left rolling vine LRL, touch R together

1-4 Rocking chair 1/4 turn right RLRL
5-8 Rocking chair 1/4 turn right RLRL

1-4 Rocking chair 1/4 turn right RLRL
5-8 Rocking chair 1/4 turn right RLRL

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