

Eleno Kerko

COPPER **KNOB**
BY RUSSELL BRESLAUER

拍數: 32 牆數: 1 級數: Beginner
編舞者: Russell Breslauer (USA) - July 2016
音樂: Eleno Kerko - Elena Velevska
或: any Lesno tune



Alternative Music: Makedonsko Devojce by many

Start when singing starts (This is a very slow dance with some Macedonian style steps)

Circle Weave

1-4 Step Left over right, Right to right, Left behind right Sweep Right behind left
5-8 Step Right behind left, Left to left, Right in front of left Hitch Left

Step Lift (with Čuče – pronounced chuchay) x4

1-4 Step Left to left, Lift Right (with čuče - lift left heel), Step Right to right, Lift Left (with čuče)
5-8 repeat 1-4

Forward Lock Forward and Back Lock Back with hitch

1-4 Step Left forward, lock Right to left, Left forward, Hitch Right
5-8 Step Right back, lock Left to right, Right back, Hitch Left

Rock Forward Recover lift with foot behind calf Rock Back Recover lift with foot beside calf

1-4 Step Left forward, recover on Right, step Left next to right, Touch Right behind left calf
5-8 Step Right back, recover on Left, step Right next to left, Touch left beside left calf

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