

Waltzed Into My Life

COPPERKNOB
BY STEPHEN HETS

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Jon Peppin (AUS) - July 2016
音樂: You Waltzed Yourself Right Into My Life - Derek Ryan : (Album: Made Of Gold)



Start Position: Feet together - with weight on R foot.
Starts on vocals – 30 counts in

This dance is done in 3 parts - A & B both 48 counts and C is 30 counts.
The sequence is as follows: ****A, tag, B, C, C, A, tag, B, C, C. ****

Part A (48 Counts)

A1: L BASIC FWD, CROSS OVER/TWINKLE

1,2,3 L waltz forward – stepping L, R, L, - □□□□□□□□ 12:00 wall
4,5,6 Twinkle - Step R over L, step/rock L to L side, replace weight onto R,

A2: WEAVE R, SWEEP R BACK, TOUCH R BACK, UNWIND 180° R

1,2,3 Weave - step L over R, step R to R side, step L behind R starting to sweep R out and back,
4,5,6 Sweep R behind L, unwind 180 degrees R placing weight forward onto R, - □ □ 6:00 wall

A3: WEAVE R, SWEEP R INTO SAILOR STEP

1,2,3 Weave - step L over R, step R to R side, step L behind R starting to sweep R out and back ,
4,5,6 Sailor Step – sweep step R behind L, step/rock L to L side, replace weight onto R,

A4: TOUCH L BACK, TURN 180° L ON R, STEP L BACK, TOUCH R BACK, TURN 180° R ON L, STEP R BACK

1,2,3 Touch L back, turn/pivot 180 degrees L - weight on R, step L back, - □□□□ 12:00 wall
4,5,6 Touch R back, turn/pivot 180 degrees R - weight on L, step R back, - □□□ 6:00 wall

A5: L BACKWARD COASTER, BASIC WALTZ FWD

1,2,3 L Backward Coaster Step – step L back, step R beside L, step L forward,
4,5,6 R waltz Forward – stepping R, L, R, □*****□□□□□□□ 6:00 wall

A6: SIDE, TOGETHER, BACK, SIDE TOGETHER FWD

1,2,3 Step L to L side, step R beside L, step L back,
4,5,6 Step R to R side, step L beside R, step R forward, □- □□□□□ 6:00 wall

A7: STEP L FWD, PENCIL TURN 270° L, SIDE, TOGETHER, BACK

1,2,3 Step L forward and pencil turn 270 degrees (¾ turn)L – keeping weight on L, - □□□ 9:00 wall
4,5,6 Step R to R side, step L beside R, step R back,

A8: SIDE, TOGETHER, FWD, STEP R FWD, PENCIL TURN 270° R

1,2,3 Step L to L side, step R beside L, step L forward,
4,5,6 Step R forward and pencil turn 270 degrees (¾ turn)R – keeping weight on R, - □□ 6:00 wall

Tag: Step L forward, slow 180 degree pivot for two counts (weight onto R) - □□□ 12:00 wall

PART B (48 counts)

B1: STEP L FWD, SWEEP R FWD, STEP R FWD, SWEEP L FWD

1,2,3 Step L forward, sweep R out and forward for 2 counts,
4,5,6 Step R forward, sweep L out and forward for 2 counts, - □□□□□ 12:00 wall

B2: STEP/LUNGE L FWD, HOLD, HOLD, TOUCH BEHIND, UNWIND 360° R

1,2,3 Step/lunge L forward with R beside L (no weight), hold for 2 counts,
4,5,6 Touch R behind L, unwind 360 degrees R - for 2 counts (weight on R), - □□□ 12:00 wall

B3: STEP, ROCK, CROSS, SIDE, BEHIND TURN 90° R

1,2,3 Step/rock L to L side, replace weight onto R, cross L over R,
4,5,6 Step R to R side, step L behind R, turning 90 degrees R - step R forward,□- □□ 3:00 wall

B4: SLOW PADDLE TURNING 90° R, TRAVEL FWD TURNING 360 DEGREES L – STEPPING L, R, L.

1,2,3 Slow paddle - step L forward, pivot 90 degrees R for 2 counts (weight on R) - □□ □ 6:00 wall
4,5,6 Travelling forward turning 360 degrees L - stepping L, R, L,

B5: STEP R FWD, SWEEP L FWD, STEP L FWD, SWEEP R FWD

1,2,3 Step R forward, sweep L out and forward for 2 counts,
4,5,6 Step L forward, sweep R out and forward for 2 counts, - □□□□□□ 6:00 wall

B6: STEP/LUNGE R FWD, HOLD, HOLD, TOUCH BEHIND, UNWIND 360° L

1,2,3 Step/lunge R forward with L beside R (no weight), hold for 2 counts,
4,5,6 Touch L behind R, unwind 360 degrees L - for 2 counts (weight on L), - □□□□ 6:00 wall

B7: STEP, ROCK, CROSS, SIDE, BEHIND TURN 90° L

1,2,3 Step/rock R to R side, replace weight onto L, cross R over L,
4,5,6 Step L to L side, step R behind L, turning 90 degrees L - step L forward,□- □□ 3:00 wall

B8: SLOW PADDLE TURNING 90° L, TRAVEL FWD TURNING 360 DEGREES R – STEPPING R, L, R.

1,2,3 Slow paddle - step R forward, pivot 90 degrees L for 2 counts (weight on L) - □□ □ 12:00 wall
4,5,6 Travelling forward turning 360 degrees R - stepping R, L, R

****** PART C (30 Counts) - This section is the first 30 counts of Part A.**

DANCE IN SEQUENCE: **A, Tag, B, C, C, A, Tag, B, C, C. ******

Pencil Turn:□Step forward on nominated foot and turn in direction required whilst keeping other foot straight beside the turning foot with no weight on it.

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