

Holy Moly

COPPER KNOB
BY STEPHEN HETS

拍數: 212 牆數: 2 級數: Phrased Advanced
編舞者: David Villellas (IT) - July 2016
音樂: Footloose - Blake Shelton



PART A (32 counts)

A – [1-8] Rock back jump with Lkick fwd - Lclose - Rheel strut fwd - Lfwd - Pivot ½ Rturn - Rball ½ Rturn with Lstrut back

- 1-2 (jumping) Rock right behind left & kick left forward - left next to right [12]
- 3-4 Touch right heel forward - right point down [12]
- 5-6 Step left forward [12] - Pivot ½ turn right (weight Rball) [6]
- 7-8 Rball ½ turn right & touch left point back [12] - Left heel down [12]

A – [9-16] Rtoe strut fwd - Lstrut fwd - ¼ Rturn with Rside step - Lslide - Lstomp - Hold

- 1-2 Right heel forward - Right point down [12]
- 3-4 Left heel forward - Left point down (weight Lball) [12]
- 5-6 Lball ¼ turn right & step right to right side [3] - Slide left to right (weight right) [3]
- 7-8 Stomp left beside right [3] - HOLD [3]

A – [17-24] 2x (jumping) Rcross & Lhook - Lclose & Rkick - Rock back & Lkick - Lclose

- 1-2 (jumping) cross right over left & Hook left behind right - left next to right & Kick right forward [3]
- 3-4 (jumping) Rock right behind left & Kick left forward - left next to right [3]
- 5-6 (jumping) cross right over left & Hook left behind right - left next to right & Kick right forward [3]
- 7-8 (jumping) Rock right behind left & Kick left forward - left next to right [3]

A – [25-32] (jumping) Rcross & Lhook - Lback ¼ Rturn & Rkick - Rback ¼ Rturn & Lkick – Lcross ¼ Rturn & Rhook - Rock back & Lkick - Lclose - Rstomp - Lstomp

- 1-2 (jumping) cross right over left & Hook left behind right [3] - Left back ¼ turn right & kick right forward [6]
- 3-4 (jumping) Right back ¼ turn to right & kick left forward [9] - Rball ¼ turn right, cross left over right & hook right [12]
- 5-6 (jumping) Rock right behind left & kick left forward - left next to right [12]
- 7-8 Stomp right beside left - Stomp left next to right [12]

Prased dance direction [start] - direction [ending]

A [12]-[12]
B1 [12]-[12]
C [12]-[12]
TAG [12]-[12]

A [12]-[12]
B2 [12]-[12]
C [12]-[12]
TAG [12]-[12]
TAG [12]-[12]

B2 [12]-[12]
C [12]-[12]
C [12]-[12]
FINAL [12]-[12]
PART A
PHRASING: □

A[12-12]□B1 [12-12]□C [12-12]□TAG [12-12]
A [12-12]□B2 [12-12]□C [12-12]□2x TAG [12-12]
B2 [12-12]□C [12-12]□C [12-12]□FINAL(TAG & ENDING) [12-12]

PART B1 (64 counts)

PART B1 (section 1-6 identical as in PART B2) - only section 7 & 8 are different.

B1 – [1-8] Rside & Lheel h - Together - Lside & Rheel - Lcross - ½ Rturn & Rkick - ¼ Rturn & Lkick - ¼Rturn & Lfwd - Rstomp fwd

- 1-2 (jumping) Right to side & Touch left heel - left next to right (weight right) [12]
- 3-4 (jumping) Left to side & Touch right heel - right next to left & cross left over right (weight Lball) [12]
- 5-6 (jumping) Lball ½ turn right & kick right fwd (weight Lball) [6] - Lball ¼ turn right, right back & kick left fwd (weight Rball) [9]
- 7-8 Rball ¼ turn right & step left forward [12] - Stomp right forward [12]

B1 – [9-16] Rswivel - Rkick - Rstomp up - Rock back jump & Lkick - Lclose - Rock back jump & Lkick - Lclose

- 1-2 Swivel heels right - Bring heels to center [12]
- 3-4 Kick right forward - Stomp up right next to left [12]
- 5-6 (jumping) Rock right behind left & kick left - Left next to right [12]
- 7-8 (jumping) Rock right behind left & kick left - Left next to right [12]

B1 – [17-24] Rkick - Lflick ½ Lturn - Lkick - Lclose & Rflick - Rock back jump - Lclose - Rock back jump - Lclose

- 1-2 (jumping) Kick right forward [12] - right back ½ turn left & flick left behind [6]
- 3-4 (jumping) Kick left forward - left back & flick right behind [6]
- 5-6 (jumping) Rock right behind left & kick left - left next to right [6]
- 7-8 (jumping) Rock right behind left & kick left - left next to right (weight Lball) [6]

B1 – [25-32] Full Lturn (twice) - Rkick fwd - Rcross - Uncross ½ Lturn (Lweight) - HOLD

- 1-2 Lball ½ turn left & step right behind (weight Rball) [12] - Rball ½ turn left & step left forward (weight Lball) [6]
- 3-4 Lball ½ turn left & step right behind (weight Rball) [12] - Rball ½ turn left & step left forward [6]
- 5-6 Kick right forward - cross right over left [6]
- 7-8 Uncross legs with a ½ turn left (weight left) [12] - HOLD [12]

B1 – [33-40] Rside & Lheel touch - Together - Lside&Rheel touch - Lcross - ½ Rturn,Rkick - ¼ Rturn,Lkick - ¼Rturn,Lfwd - Rstomp fwd

- 1-2 (jumping) cross right over left & Hook left behind right - left next to right & Kick right forward [12]
- 3-4 (jumping) Rock right behind left & Kick left forward - left next to right (weight Lball) [12]
- 5-6 (jumping) Lball ½ turn right & kick right fwd (weight Lball) [6] - Lball ¼ turn right, right back & kick left fwd (weight Rball) [9]
- 7-8 Rball ¼ turn right & step left forward [12] - Stomp right forward [12]

B1 – [40-48] Rswivel - Rkick - Rstomp up - Rock back jump & Lkick - Lclose - Rock back jump & Lkick - Lclose

- 1-2 Swivel heels right - Bring heels to center [12]
- 3-4 Kick right forward - Stomp up right next to left [12]
- 5-6 (jumping) Rock right behind left & kick right - Left next to right [12]
- 7-8 (jumping) Rock right behind left & kick right - Left next to right [12]

B1 – [49-56] Rkick - Lflick ½ Lturn - Lkick - Lclose & Rflick - Rock back jump - Lclose - Rock back jump - Lclose

- 1-2 (jumping) Kick right forward (weight Lball) [12] - Lball ½ turn left, right back & flick left behind [6]

- 3-4 (jumping) Kick left forward - left next to right & flick right behind [6]
- 5-6 (jumping) Rock right behind left & kick right - Left next to right [6]
- 7-8 (jumping) Rock right behind left & kick right - Left next to right [6]

B1 – [57-64] Full Lturn - ½ Lturn & Rbehind - Ltogether - Rstep fwd - Lslide - Lstomp - HOLD

- 1-2 Lball ½ turn left & step right behind (weight Rball) [12] - Rball ½ turn left & step left forward (weight Lball) [6]
- 3-4 Lball ½ turn left & step right behind (weight right) [12] - Left slide beside right [12]
- 5-6 Step right forward - Left slide to right [12]
- 7-8 Stomp left beside right (weight left) - HOLD [12]

PART B1 PHRASING: A - B1 - C - TAG * A - B2 - C - 2x TAG *** B2 - C - C - FINAL(TAG & ENDING)**

PART B2 (56 counts)

PART B2 (section 1-6 identicall as in PART B1) - only section 7 is different.

B2 – [1-8] Rside & Lheel touch - Together - Lside&Rheel touch - Lcross - ½ Rturn&Rkick - ¼ Rturn&Lkick - ¼Rturn&L fwd - Rstomp

- 1-2 (jumping) Right to side & Touch left heel - left next to right [12]
- 3-4 (jumping) Left to side & Touch right heel - right next to left & cross left over right (weight Lball) [12]
- 5-6 (jumping) Lball ½ turn right & kick right forward [6] - Right back ¼ turn right & kick left forward (weight Rball) [9]
- 7-8 Rball ¼ turn right & step left forward [12] - Stomp right forward [12]

B2 – [9-16] Rswivel - Rkick - Rstomp up - Rrock back jump & Lkick - Lclose - Rrock back jump & Lkick - Lclose

- 1-2 Swivel heels right - Bring heels to center [12]
- 3-4 Kick right forward - Stomp up right next to left [12]
- 5-6 (jumping) Rock right behind left & kick right - Left next to right [12]
- 7-8 (jumping) Rock right behind left & kick right - Left next to right [12]

B2 – [17-24] Rkick - Lflick ½ Lturn - Lkick - Lclose & Rflick - Rrock back jump - Lclose - Rrock back jump - Lclose

- 1-2 (jumping) Kick right forward (weight Rball) [12] - Rball ½ turn left, right back & flick left behind [6]
- 3-4 (jumping) Kick left forward - left back & flick right behind [6]
- 5-6 (jumping) Rock right behind left & kick left - left back [6]
- 7-8 (jumping) Rock right behind left & kick left - left back [6]

B2 – [25-32] Full Lturn (twice) - Rkick fwd - Rcross - Uncross ½ Lturn (Lweight) - HOLD

- 1-2 Lball ½ turn left & step right behind (weight Rball) [12] - Rball ½ turn left & step left forward (weight Lball) [6]
- 3-4 Lball ½ turn left & step right behind (weight Rball) [12] - Rball ½ turn left & step left forward [6]
- 5-6 Kick right forward - cross right over left [6]
- 7-8 Uncross legs with a ½ turn left (weight left) [12] - HOLD [12]

B2 – [33-40] Rside&L touch - Together - Lside&Rtouch - Lcross - ½ Rturn&Rkick - ¼ Rturn&Lkick - ¼Rturn&L fwd - Rstomp fwd

- 1-2 (jumping) cross right over left & Hook left behind right - left next to right & Kick right forward [12]
- 3-4 (jumping) Rock right behind left & Kick left forward - left next to right (weight Lball) [12]
- 5-6 (jumping) Lball ½ turn right & kick right fwd (weight Lball) [6] - Lball ¼ turn right, richt back & kick left fwd (weight Rball) [9]
- 7-8 Rball ¼ turn right & step left forward [12] - Stomp right forward [12]

B2 – [40-48] Rswivel - Rkick - Rstomp up - Rrock back jump & Lkick - Lclose - Rrock back jump & Lkick -

Lclose

- 1-2 Swivel heels right - Bring heels to center [12]
- 3-4 Kick right forward - Stomp up right next to left [12]
- 5-6 (jumping) Rock right behind left & kick right - Left next to right [12]
- 7-8 (jumping) Rock right behind left & kick right - Left next to right [12]

B2 – [49-56] Full Lturn (twice) - Rstep back - Lslide - Lstomp - HOLD

- 1-2 Lball ½ turn left & step right behind (weight Rball) [6] - Rball ½ turn left & step left forward (weight Lball) [12]
- 3-4 Lball ½ turn left & step right behind (weight Rball) [6] - Rball ½ turn left & step left forward (weight Lball) [12]
- 5-6 Step right back - Slide left to right [12]
- 7-8 Stomp left beside right - HOLD [12]

PART B2

PHRASING: A - B1 - C - TAG * A - B2 - C - 2x TAG *** B2 - C - C - FINAL(TAG & ENDING)**

PART C (60 counts)

PART C

C – [1-8] Diag out left - Center & Rflick - Diag out right - ½ Lturn & Lhook - Diag out right - ½ Lturn & Lflick - R&Ljump out -Rclose

- 1-2 (jumping) Jump right & left, left diagonal open - jump left back & Flick right behind [12]
- 3-4 (jumping) Jump right & left, right diagonal open (weight Lball) [12] - Lball ½ turn left, on right & hook left over right [6]
- 5-6 (jumping) Jump right & left, right diagonal open (weight Lball) [6] - Lball ½ turn right, on right & flick left behind [12]
- 7-8 (jumping) Jump right & left open (weight left) [12] - Right next to left [12]

C – [9-16] R&Ljump out - ½ Lturn & Lflick behind - Lkick - Lclose &Rflick - Rkick -Rcross - R&Ljump out - R&L together

- 1-2 (jumping) Jump right & left open (weight Lball) [12] - Lball ½ turn right, on right & flick left behind [6]
- 3-4 (jumping) Kick left - Left next to right & flick right behind [6]
- 5-6 (jumping) Kick right forward - Cross right over left [6]
- 7-8 (jumping) Jump right & left open (weight left) - Right & left together [6]

C – [17-24] Diag out left - Lhook - Diag out right - Rhook - R&Ljump out - ½ Lturn & Lhitch (twice) - Lstomp

- 1-2 (jumping) Jump right & left, left diagonal open (weight Lball) - Jump on right & hook left over right [6]
- 3-4 (jumping) Jump right & left, right diagonal open (weight Lball) - Jump on left & hook right over left [6]
- 5-6 (jumping) Jump right & left open (weight Lball) [6] - Lball ½ turn left & hitch left knee (weight Rball) [12]
- 7-8 (jumping) Rball ½ turn left & hitch left knee (weight right) [6] - Stomp left next to right [6]

C – [25-32] Rhitch - Rstep - Lhitch - Lstep - Lscoot ¼ Rturn & Rhitch (twice) - Rrock back jump - Lclose

- 1-2 Hitch right knee - Step right [6]
- 3-4 Hitch left knee - Step left (weight Rball) [6]
- 5-6 (jumping) ¼ turn right, left scoot & hitch right knee [9] - ¼ turn right, left scoot & hitch right knee [12]
- 7-8 (jumping) Rock right behind & kick left forward - left next to right [12]

C – [33-40] Diag out left - Center & Rflick - Diag out right - ½ Lturn & Lhook - R&Ljump out - ½ Lturn & Lflick behind - R&Ljump out -Rclose

- 1-2 (jumping) Jump right & left, left diagonal open - jump left back & Flick right behind [12]

- 3-4 (jumping) Jump right & left, right diagonal open (weight Lball) [12] - Lball ½ turn left, on right & hook left over right [6]
- 5-6 (jumping) Jump right & left, right diagonal open (weight Lball) [6] - Lball ½ turn right, on right & flick left behind [12]
- 7-8 (jumping) Jump right & left open (weight left) - Right next to left [12]

C – [41-48] R&Ljump out - ½ Rturn & Lflick behind - Lkick - Lclose & Rflick - Rkick - Rcross - R&Ljump out - R&L together

- 1-2 (jumping) Jump right & left open (weight Lball) [12] - Lball ½ turn right, Jump on right & flick left behind [6]
- 3-4 (jumping) Kick left - Jump on left & flick right behind [6]
- 5-6 (jumping) Kick right forward - Cross right over left [6]
- 7-8 (jumping) Jump right & left open (weight right) - Right & left center [6]

C – [49-56] Diag out left - Lhook - Diag out right - Rhook - R&Ljump out - ½ Lturn & Lhitch (twice) - Lstomp

- 1-2 (jumping) Jump right & left , left diagonal open - Jump on right & hook left over right [6]
- 3-4 (jumping) Jump right & left, right diagonal open - Jump on left & Hook right over left [6]
- 5-6 (jumping) Jump right & left open (weight Rball) [6] - Rball ½ turn left & hitch left knee (weight Rball) [12]
- 7-8 (jumping) Rball ½ turn left & hitch left knee (weight right) [6] - Stomp left next to right [126]

C – [57-60] Rhitch - Rstep - ½ Lturn & Lhitch - Lfwd

- 1-2 Hitch right knee - Step right [6]
- 3-4 Rball ½ turn left & hitch left knee [12] - Step left forward [12]

PART C

PHRASING: A - B1 - C - TAG * A - B2 - C - 2x TAG *** B2 - C - C - FINAL(TAG & ENDING)**

TAG (16 counts) & FINAL (tag 12 counts & ending 4 counts)

TAG

TAG – [1-8] Rvine - Lscuff - Lvine - Rscuff

- 1-2 Step right to right - Left behind right [12]
- 3-4 Step right to right - Scuff left next to right [12]
- 5-6 Step left to left - Right behind left [12]
- 7-8 Step left to left - Scuff right next to left [12]

TAG – [9-16] Rfwd - Pivot ½ Lturn - Rheel strut - Lfwd - Pivot ½ Rturn - Lheel strut

- 1-2 Step right forward [12] - Pivot ½ turn left [6]
- 3-4 Touch right heel forward - Right ball down [6]
- 5-6 Step left forward [6] - Pivot ½ turn right [12]
- 7-8 Touch left heel forward - Left ball down [12]

FINAL

TAG- [1-8] Rvine - Lscuff - Lvine - Rscuff

- 1-2 Step right to right - Left behind right [12]
- 3-4 Step right to right - Scuff left next to right [12]
- 5-6 Step left to left - Right behind left [12]
- 7-8 Step left to left - Scuff right next to left [12]

TAG (4 counts) ENDING (' counts) - 9-16 Rfwd - Pivot ½ Lturn - Rheel strut - Lfwd - Pivot ½ Rturn - Full Rturn Lback & Rstomp fwd

- 1-2 Step right forward [12] - Pivot ½ turn left [6]
- 3-4 Touch right heel forward - Right ball down [6]
- 5-6 Step left forward [6] - Pivot ½ turn right (weight Rball) [12]
- 7-8 Rball ½ turn right & step left back (weight Lball) [6] - Lball ½ turn right & stomp right forward [12]

Prased dance direction [start] - direction [ending]

A [12]-[12]
B1 [12]-[12]
C [12]-[12]
TAG [12]-[12]

A [12]-[12]
B2 [12]-[12]
C [12]-[12]
TAG [12]-[12]
TAG [12]-[12]

B2 [12]-[12]
C [12]-[12]
C [12]-[12]
FINAL (TAG & ENDING) [12]-[12]
PHRASING:
A[12-12] B1 [12-12] C [12-12] TAG [12-12]
A [12-12] B2 [12-12] C [12-12] 2x TAG [12-12]
B2 [6-12] C [12-12] C [12-12] FINAL(TAG & ENDING) [12-12]

HAVE FUN ***

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Last Update - 1st Aug. 2016
