

Shake That

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Maddison Glover (AUS) - June 2016
音樂: Shake That (feat. Pitbull) - Samantha Jade



Dance begins after count 16 - Sequence: A, A, TAG 1, B, B, A, A, TAG 1, B,B, TAG 2, A, A, TAG 3, B, B,B, B

Part A: 32 counts

A1: Side, Cross, Rock, Turning ¼ Side Shuffle, Point, Point, Sailor Point

1,2,3 Step R to R side, cross/rock L over R, replace weight back onto R
4&5 Step L to L side, step R together, turn ¼ L stepping fwd onto L 9:00
6,7,8&1 Point R fwd, point R to R side, step R behind L, step L to L side, point R to R side

A2: Hold, Together, Cross, Side Shuffle, Cross, Side, ¼ Turning Sailor

2&3,4&5 Hold, step R together, cross L over R, step R to R side, step L together, step R to R side
6,7,8& Cross L over R, step R to R side, cross L behind R, turn ¼ L as you step R to R side 6:00

A3: (Count 1 is to finish the sailor), Cross, Side, Turning 1/8 Sailor, Rocking Chair, Fwd

1,2,3 Step L to L side, cross R over L, step L to L side, step R behind L
4&5 Turn 1/8 R stepping L together, step R fwd 7:30
6&7&8 Rock L fwd, rock back onto R, rock L back, rock fwd onto R, step L fwd

A4: Fwd, Lock, 2x Walk Fwd, 2x Scissors, Side, Together

&1,2 Step R fwd (rise up on toes), lock L behind R (still up on toes), step fwd on R (heels return to floor),
3,4&5 Step fwd on L, turn 1/8 L whilst stepping R to R side, step L together, cross R over L 6:00
6&7,8& Step L to L side, step R together, cross L over R, step R to R side, step L together

Part B: 16 counts

B1: Mambo Fwd, Mambo Back, Kick, Side, Back Rock, Replace, Side, Hold, Hold

1&2 Rock R fwd, rock/replace weight back onto L, step back on R
3&4 Rock L back, rock/replace weight fwd onto R, step slightly fwd on L,
5&6& Kick R fwd onto R diagonal, step/hop R to R side, rock/step L behind R, replace weight fwd on R
7,8& Step L to L side, Hold, Hold (For counts: (8) Drop R shoulder fwd/ down, (&) return shoulder.
Counts 8,& are when she sings 'SHAKE THAT')

B2: ¼ Walk, Walk Fwd, ¼ Cross Samba, Cross Samba, Rock Fwd, Rock Back, Together

1,2,3& Turn ¼ L stepping fwd on L, step R fwd, turn ¼ L whilst crossing L over R, step R to R 6:00
4,5&6 Recover weight onto L, cross R over L, step L to L side, recover weight onto R
7,8& Rock L fwd, rock back on R, step L together

Tag 1: Nightclub Basic, ¼ Rock/ Lunge Fwd, Full turn (½ back, ½ fwd)

1,2,3,4 Large step R to R side, hold whilst dragging L towards R, step L together, cross R over L
5,6,7 Turn ¼ L as you rock/ lunge L fwd, hold, make ½ turn R as you step R fwd 3:00
8 Make ½ R as you step back on L 9:00

¼ side, Together, Cross, Back, Back, Cross, Back, Back, Cross, Back, Back Rock, Recover

1,2,3 Turn ¼ R stepping R to R side, step L together, cross R over L (angle shoulders to 10:30)
4 Square shoulders up to 12:00 as you step L back on L diagonal
5&6 Step R back on R diagonal, cross L over R, step R back on R diagonal,
&7& Step L back on L diagonal, cross R over L, step L back on L diagonal,
8& Rock back on R, replace weight fwd onto L

Tag 2: (COUNTS 9-16 of Tag 1, minus the ¼ turn)

Side, Together, Cross, Back, Back, Cross, Back, Back, Cross, Back, Back Rock, Recover

- 1,2,3 Step R to R side, step L together, cross R over L (angle shoulders to 10:30)
4 Square shoulders up to 12:00 as you step L back on L diagonal
5&6 Step R back on R diagonal, cross L over R, step R back on R diagonal,
&7& Step L back on L diagonal, cross R over L, step L back on L diagonal,
8& Rock back on R, replace weight fwd onto L

Tag 3: Side, Hold, Hold, Hold (with hands)

- 1,2,3,4 Step R to R side, hold, hold, hold (for counts 1-4, punch both hands up above head and slowly lower them down over the four counts)

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