

Desfado

拍數: 80 牆數: 2 級數: Phrased Improver
編舞者: Christie Lim (MY) & Peter Reber (SA) - July 2016
音樂: Desfado - Ana Moura : (Album: Desfado - iTunes and Amazon)



#16 count intro - Sequence: A B B C A B B C C A(modified) Ending

Part A (16 count)

AS1: Cross hitch, hold x 4

1 2 Cross hitch step R over L, hold
3 4 Cross hitch step L over R, hold
5 6 Cross hitch step R over L, hold
7 8 Cross hitch step L over R, hold

AS2: Paddle 1 /4 turn x 4

1 2 Paddle 1 /4 turn
3 4 Paddle 1 /4 turn

For 1st and 2nd time part A is danced

5 6 Paddle 1 /4 turn
7 8 Paddle 1 /4 turn

For the 3rd time, before the ending, instead of the two 1 /4 paddle turns do hip sway x 4

5 6 7 8 Hip Sway R L R L

Part B (32 count)

BS1: Side together, fwd shuffle, side together, back shuffle

1 2 RF Side, together
3 & 4 Shuffle R L R
5 6 LF Side, together
7 & 8 back shuffle L R L

BS2: R Chasse, back rock, recover, Point l, 1 /2turn, point RF, touch

1 & 2 RF side, LF together, RF side,
3 4 back rock on LF, recover to RF
5 6 LF point L, step on LF with 1 / 2 turn L (6:00)
7 8 RF Point R, RF together with touch

BS3: Walk, walk, shuffle to R diagonal, shuffle to L diagonal, side, together

1 2 RF walk, LF walk
3 & 4 RF forward, LF next to RF, RF fwd (to R diagonal)
5 & 6 LF forward, RF next to LF, LF fwd (to L diagonal)
7 8 RF side, LF together with touch

BCS4: Shuffle, Pivot 1 /2 turn L, 1 /4 turn L, behind, 1 /4 turn R, step R

1 & 2 LF step fwd, RF next to LF, LF step fwd
3 4 RF fwd, 1 /2 turn left (12:00)
5 6 1 /4 turn L step RF to side (9:00), LF behind
7 8 1 /4 turn R step RF fwd (12:00), LF fwd

Part C (32 count) (0:51)

S1: R, lock L, step R, 1 /8 turn with sweep, weave, 1 /4 turn

1 2 Step RF fwd to L diagonal (10:30), LF behind RF
3 4 RF fwd, sweep with 1 / 8 turn R (12:00)
5 6 7 8 Cross RF over LF, RF side, LF behind, RF fwd making 1 / 4 turn R step (3:00)

CS2: Rock, recover, sweep, sweep, back touch, 1 /2 turn

1 2 LF Rock fwd, recover
3 4 Sweep LF back, step on LF,
5 6 sweep RF back, step on RF
7 8 Back touch LF, 1 / 2 turn L (9:00)

CS3: Side, behind, sweep, behind, side, cross, 1 /4 turn L, shuffle, side rock, recover

1 2 RF to side, LF behind,
3 4 RF sweep, step RF behind LF
5 6 LF side, RF cross
7 8 1 /4 turn L LF fwd, RF behind, step LF fwd

CS4: Rock, recover, cross shuffle, jazz box, touch

1 2 Side rock, recover
3 4 cross shuffle, R over LF, LF side, RF over LF
5 6 Sweep LF across RF, RF back
7 8 LF side, RF touch

Ending:-

ES1: Side together x 2 to R, hip sway x 4

1 2 RF side, LF together,
3 4 RF Side, LF together
5 6 Hip Sway R L
7 8 Hip Sway R L

ES2: Side together x 2 to L, hip sway x 4

1 2 LF side, RF together,
3 4 LF Side, RF together
5 6 Hip Sway L R
7 8 Hip Sway L R

And Pose!

Contact: preber@telkomsa.net with any questions or comments.
