

Mayday Mixer

COPPERKNOB
STEPPERS

拍數: 32 牆數: 0
編舞者: David Ackerman (USA) - July 2016
音樂: Mayday - Cam

級數: Improver Contra Circle Mixer



Set Up: Should be in a circle facing partner, One facing into circle and partner facing out.

Intro: 8 counts from beginning. Start dance on first strong guitar strum.

[1-8]: Rumba Box, Step, Cross Rock, Side, Cross Rock

1,2& Step L forward, Step R to right side, Step L next to R
3,4& Step R back, Step L to left side, Step R next to L
5,6& Step L toward Partner, Cross R over L while patting R hand with partner, Recover L
7,8& Step R Side, Cross L over R while patting L hand with partner, Recover R

[9-16]: Side, Behind-Side, Forward, ¼ Turn, Behind, Side, Tap, Side, Tap, Run LRL, Hitch

1,2& Step L to left side, Step R behind L, Step L to left side
3,4& Step R forward, Make a ¼ turn right stepping L to left side, Step R behind L
5&6& Step L to left side, Tap R next to L, Step R to right side, Tap L next to R
7&8& Run L forward, Run R forward, Run L forward, Hitch R

[17-24]: Forward, Step ¼ Pivot, Forward, Run RLR, Side, Sway x2, Behind-Side

1,2& Step R forward, Step L forward, Pivot ¼ right bringing weight to R
3,4& Step L forward, Run R forward, Run L forward
5,6& Run R forward, Step L to left side, Rock weight R,
7,8& Rock weight L, Step R behind L, L to left side

[25-32]: Cross, Side, Sway x2, Cross Rock, Side, Step ½ Pivot, Step, Step

1,2& Cross R over L, Step L to left side, Rock weight R
3,4& Rock weight L, Cross R over L, Recover weight L
5,6& Step R to right side, Step L forward, Pivot ½ turn right
7,8 Step L forward, Step R (The last two steps should be used to adjust to new partner)

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