

A Thousand Hugs

COPPER KNOB
BY STEPHEN HARRIS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roz Harris (UK) - July 2016
音樂: Fireflies (UK Radio Edit) - Owl City



#16 Count Intro (Approx 11 Seconds In)

SECTION 1: □ SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK BEHIND SIDE STEP FORWARD

1-2 Rock right to right side, recover onto left
3&4 Step right behind left, step left to left side, step right across left
5-6 Rock left to left side, recover onto right
7&8 Step left behind right, step right to right side, step left forward (12 o'clock)

SECTION 2: □ WALK FORWARD (X2), MAMBO STEP, WALK BACK (X2), COASTER STEP

1-2 Walk forward right, left
3&4 Rock right foot forward, recover onto left and replace right next to left
5-6 Walk back left, right
7&8 Step left foot back, step right foot back next to left, step left foot forward (12 o'clock)

SECTION 3: □ POINT AND POINT, JAZZ BOX ¼ TURN

1-2 Point right foot out to right side, hold
&3-4 Step on right foot next to left, point left foot out to left side, hold
&5-6 Step left foot next to right, cross right foot over left, step left foot back
7-8 Turn a ¼ right stepping right to right side, step forward on left foot (3 o'clock)

SECTION 4: □ SIDE TOGETHER SHUFFLE FORWARD, SIDE TOGETHER SHUFFLE FORWARD

1-2 Step right foot to right side, step left foot beside right
3&4 Step right foot forward, step left forward to right foot, step forward on right foot
5-6 Step left foot to left side, step right foot beside left
7&8 Step left foot forward, step right forward to left foot, step forward on left foot (3 o'clock)

TAG: □ WALL 3 ~ At the end of wall 3 there is a 4 count Tag:

ROCKING CHAIR

1-4 Rock forward on right foot, recover on left, rock back on right foot, recover left.
(Tag happens facing 9 o'clock)

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