

# Keep Your Head Up

**COPPER** **KNOB**  
BY STEPHEN

拍數: 48      牆數: 4      級數: Country Newcomer / Novice  
編舞者: John Macherel (CH) - August 2014  
音樂: Keep Your Head Up - Andy Grammer : (Special Edit)



Count In: 16 counts

## [1-8] □ STEP, STEP, SHUFFLE, STEP, STEP, SHUFFLE

1-2            Step right diagonally right, step left diagonally left;  
3&4            Shuffle diagonally right (right,left,Right);  
5-6            Left foot diagonally left, right foot diagonally right;  
7&8            Shuffle diagonally left (left,right,left);

## [9-16] □ CROSS STEP, STEP BACK, SHUFFLE, CROSS STEP, STEP BACK, SHUFFLE, ¼ TURN LEFT

1-2            Cross right foot over left foot, left foot back;  
3&4            Shuffle to right side (right,left,right);  
5-6            Cross left over right, right back;  
7&8            Shuffle to left side (left,right,left) and 1/4 turn left;

## [17-24] □ STEP, STEP, ANCHOR STEP, ½ TURN, ½ TURN, COASTER STEP

1-2            Step right forward, Step left forward;  
3&4            Right foot behind left foot, back on left foot, step right back;  
5-6            1/2 turn left and step left forward, 1/2 turn left and step right back;  
7&8            Left foot back, right foot next to left foot, left foot forward;

## [25-32] □ STEP & BUMP, RETURN, STEP TOGETHER, STEP & BUMP, RETURN, STEP TOGETHER, LOCK, ½ TURN, STEP RUNNING L-R-L

1-2            Step right diagonally right with bump, recover weight on left foot;  
&3-4            Right foot next to left foot, left foot diagonally left with bump, recover weight on right foot;  
&5-6            Left foot next to right foot, right foot behind left (Lock), 1/2 turn right;  
7&8            Step running left, right, left

**RESTART: In the second wall (12:00) after 32 counts.**

## [33-40] □ STEP, RETURN, STEP 2X, RETURN, STEP, RETURN, STEP 2X, RETURN

1-2            Right foot forward, recover on left foot;  
&3-4            Right foot back, left foot back, recover on right foot;  
5-6            Left foot forward, recover on right foot;  
&7-8            Left foot back, right foot back, recover on left foot;

## [41-48] □ POINT, HITCH, STEP, POINT, HITCH, STEP, STEP, STEP, TOGETHER, STEP CROSS, ½ TURN RIGHT

1&2            Point right foot diagonally forward, Hitch right foot, step right foot diagonally forward;  
3&4            Point left foot diagonally forward, Hitch left foot, step left foot diagonally forward;  
5-6            Right foot diagonally to the right, left foot diagonally to the left;  
&7-8            Step right beside left, cross left foot over right, 1/2 turn right (weight on left);

**START AGAIN, HAVE FUN!**