

Mayday, Mayday

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gail Craddock (USA) - May 2016
音樂: Mayday - Cam



#8-count intro - 2 16-count Tags, at end of 1st and 3rd walls

STACKING RHUMBA BOXES(2)

1&2 R step side-L step next to right-R step forward
3&4 L step side-R step next to left-L step back
5&6 R step side-L step next to right-R step back
7&8 L step side-R step next to left-L step forward

MAMBO FORWARD &BACK,MAMBO SIDE WITH ¼ L TURN,2 PADDLES WITH ¾ R TURN

1&2 R rock forward-L recover-R step next to left
3&4 L rock back-R recover-L step next to right
5&6 R rock side-L 1/4 turn to left and recover-R step next to left
7&8& L rock forward-R pivot 3/8 and recover-L rock forward-R pivot 3/8 and recover

LEFT & RIGHT HEEL-JACKS,CROSS ½ R TURN,CROSS ½ L TURN

1&2& L cross over right-R step side-L heel touch forward- L step next to right
3&4& R cross over left-L step side- R heel touch forward-R step next to left
5-6 L cross over right, unwind ½ R turn keeping weight on L (Lift your heels!)
7-8 R cross over left, unwind ½ L turn weight remaining on L (Lift your heels!)

CROSS-BACK-BACKx2,LOCK STEPS FORWARDx2

1&2 R cross over left-L step back-R step back
3&4 L cross over right-R step back-L step back
5&6 R step forward-L lock behind right-R step forward
7&8 L step forward-R lock behind left-L step forward

END OF DANCE

*16-count TAG x 2

Both happen at end of dance, once on wall 1, and again on wall 3. You will be facing the back both times. Singer hums for 16 counts. The Tags are also a change in rhythm, to Niteclub 2-step!

NITECLUB 2-STEP STRAIGHT,NITECLUB 2-STEP TURNING ½ LEFTx2

1-2& R step side, L rock behind right-R recover in place
3-4& L step side, R rock behind left-L recover in place
5-6& ¼ Turn left and R step side, L rock behind right-R recover in place
7-8& ¼ Turn left and L step side, R rock behind left-L recover in place

Repeat for 2nd set of 8...one full turn has been made leaving you at the wall where you started the TAG!

Contact: longtimedancer@aol.com