# Bring Me Down



拍數: 48 編數: Improver - Contra, line-dance

Country

編舞者: Unknown - July 2016

音樂: All You Ever Do Is Bring Me Down - The Mavericks



If anyone knows who the choreographer is, please let me know. StepSheet written by Alvie Aguilar

Contra line – Start with one line and have every other dancer facing the opposite direction. On first round, start out the triple steps as back shuffles, so you create space.

#### **#16 Count Intro**

### S-1□[1-8]R STOMP, KICK, TRIPLE STEP R, L, R, REPEAT LEFT SIDE

1 – 4 Stomp R, Kick R, triple in place R, L, R 5 – 8 Stomp L, Kick L, triple in place L, R, L

## S-2□[9-16] VINE RIGHT W/SCUFF, VINE LEFT W/SCUFF

1 – 4 Step R to right, Step L behind right, Step R to right, Scuff L
5 – 8 Step L to left, Step R behind left, Step L to left, Scuff R

#### S-3 [17 -24] DIAGONAL STEP-LOCK-STEP, SCUFF X2 (RIGHT & LEFT)

1 – 4 Step R diagonally forward, Lock L behind R, Step R diagonally forward, Scuff L
 5 – 8 Step L diagonally forward, Lock R behind L, Step L diagonally forward, Scuff R

#### S-4 [25-32] ROLLING VINE RIGHT W/TOUCH, LEFT VINE W/ ½ TURN LEFT, TOUCH

1 – 4 Step R ¼ right, ½ turn right stepping back on L, ¼ turn right stepping R to side, Touch L

5 – 8 Step L to left, Step R behind left, Step L 1/4 left, Touch R foot 1/4 left

## S-5□[33-40] POINT, STEP x4

1 – 4
Point R to right, Step R forward, Point L to left, Step L forward
5 – 8
Point R to right, Step R forward, Point L to left, Step L forward

#### S-6 [40-48] MONTEREY ½ TURN, TRIPLE STEP R,L,R, STOMP/CLAP

1 – 4 Point R toe to R side, turn ½ R stepping R next to L, Point L toe to L side, step L next to R

5 & 6
 Triple in place or Chasse right – Step R to right, Step L beside R, Step R to right
 7 – 8
 Stomp L (down), while slapping hands on thighs, (8) Clap opposing dancers hands

## **REPEAT**

Contact: alvieaguilar@gmail.com