

Mi Amor

拍數: 48 牆數: 2 級數: Novice
編舞者: Bernard Canal (FR) - July 2014
音樂: Mi Amor - Souf



Intro : Start after the intro sung 4 x 8 counts - No Tag No Restart

A[1-8] Point Before, Point Side, Coaster Step, Twice (R+L)

1-2 Point right forward, Point right on the right side
3&4 Step right backwards, Bring left beside right, step right forward
5-6 Point left forward, Point left on the left side
7&8 Step left backward, Bring right beside left, step left forward

B[1-8] ½ Turn Shuffle Left, Rock Back, Twice (L+R)

1&2 Make ½ turn left shuffling right, left, right [06:00]
3-4 Rock back onto left foot, recover forward onto right foot
1&2 Make ½ turn shuffling left, right, left [12:00]
5-6 Rock back onto right foot, recover forward onto left foot

C[1-8] Pivot 1/8 Turn Left twice, Right Jazz Box

1-2 Step right forward, 1/8 turn left rolling hips
3-4 Step right forward, 1/8 turn left rolling hips [03:00]
5-6 Cross right over left, step back
7-8 Step right, step forward

D[1-8] Pivot 1/8 Turn Left twice, Step Forward Diagonal, Step Back Diagonal

1-2 Step right forward, 1/8 turn left rolling hips
3-4 Step right forward, 1/8 turn left rolling hips [06:00]
5-6 Step right diagonally forward on right, touch left foot beside right
7-8 Step left diagonally back on left, touch right foot beside left

E[1-8] Kick Ball Cross, Side Shuffle, Twice (R+L)

1&2 Kick right forward, Ask the right beside left, cross left over right
3&4 Step right to right, step left beside right, step right to right
5&6 Kick left forward, Ask the left beside right, cross right over left
7&8 Step left to left, step right beside left, step left to left

F[1-8] Rock Back, Side Shuffle, Twice (R+L)

1-2 Rock right back, recover on left
3&4 Step right to right, step left beside right, step right to right
5-6 Rock left back, recover on right
7&8 Step left to left, step right beside left, step left to left

REPEAT START SMILE AND HAVE FUN !

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