

Happy Days

拍數: 64 牆數: 2 級數: Improver
編舞者: Gaye Teather (UK) - July 2016
音樂: Happy Day - Dave Sheriff : (CD: The Wonder Years)



Track available to download from iTunes & Amazon

#32 count intro. Start on vocals

S1: Right lock step forward. Hold. Left lock step forward. Hold

1 – 4 Step forward on Right. Lock Left behind Right. Step forward on Right. Hold
5 – 8 Step forward on Left. Lock Right behind Left. Step forward on Left. Hold

S2: Step. Pivot half turn Left. Step. Hold. Half turn Right. Hold. Half turn Right. Hold

1 – 4 Step forward on Right. Pivot half turn Left. Step forward on Right. Hold
5 – 6 Half turn Right stepping back on Left. Hold
7 – 8 Half turn Right stepping forward on Right. Hold (Facing 6 o'clock)

(Easier option for counts 5 – 8: Walk forward Left. Hold. Walk forward Right. Hold)

S3: Forward Mambo. Hold. Sweep back. Hold. Sweep back. Hold

1 – 4 Rock forward on Left. Recover onto Right. Step back on Left. Hold
5 – 6 Sweep Right out to Right side stepping back on Right. Hold
7 – 8 Sweep Left out to Left side stepping back on Left. Hold

S4: Sweep behind-side-cross. Hold. Side Left. Together. Cross. Hold

1 – 4 Sweep Right behind Left. Step Left to Left side. Cross Right over Left. Hold
5 – 8 Step Left to Left side. Step Right beside Left. Cross Left over Right. Hold

S5: Side toe strut. Cross toe strut. Rocking chair

1 – 2 Step Right toe to Right side. Drop Right heel to floor
3 – 4 Cross Left toe over Right. Drop Left heel to floor
5 – 8 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

(Counts 1 – 8 are danced facing slightly to Right diagonal)

S6: Side toe strut. Cross toe strut. Side Right. Hold. Quarter turn Left. Hold

1 – 2 Step Right toe to Right side. Drop Right heel to floor
3 – 4 Cross Left toe over Right. Drop Left heel to floor
5 – 8 Step Right to Right side. Hold. Quarter turn Left. Hold. (Facing 3 o'clock)

(Counts 1 – 4 are danced facing slightly to Right diagonal)

S7: Step forward. Hold. Kick. Hold. Coaster step. Hold

1 – 4 Step forward on Right. Hold. Kick Left foot forward. Hold
5 – 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold

S8: Walk three quarter turn Left with brushes

1 – 8 Walk three quarter turn Left stepping Right. Brush. Left. Brush. Right. Brush. Left. Brush

Start again