This Is What You Came For

級數: Beginner

編舞者: Rebecca Lee (MY) - July 2016

音樂: This Is What You Came For (feat. Rihanna) - Calvin Harris

Start dance after 64counts (approx. 29sec)

拍數: 32

WALK FORWARD, TOUCH, STEP TOUCHES DIAGONAL BACK

- 1-4 Walk L, R, L , Touch R beside L
- 5-6 Step R back to R diagonal, Touch L beside R
- 7-8 Step L back to L diagonal, Touch R beside L

VINE R, VINE L

- 1-4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
- 5-8 Step L to L, Cross R behind L, Step L to L, Touch R beside L
- (Alternative : Rolling Vine R OR Rolling Vine (Full Turn)

(1/4 turn R step R forward,1/2 turn R step L back,1/4 turn R step R to R side, touch L beside R)

OUT, OUT, IN, IN, 1/4 TURN OUT, OUT, IN ,IN

- 1-2 Step R to R diagonal, Step L to L diagonal
- 3-4 Step R back in place, Step L back in place
- 5-6 1/4turn R Step R to R diagonal, Step L to L diagonal
- 7-8 Step R back in place, Step L back in place

STEP, BODY MATRIX (Body Whine), KNEE POP, HITCH

- 1-4 Step R to R push upper body to R (1) and slowly lean to back(2), to left (3) and to center(4)
- 5-6 Pop R Knee Forward, Hold
- 7&8 Pop L Knee Forward, Pop R Knee Forward, Hitch L beside R

NO TAG, NO RESTART

ENJOY AND SMILE

Contact: rebecca_jazz@yahoo.com





X: 4

牆數:4