Shake Your Bootay' (aka Bidi Bom)

拍數: 32 **牆數:** 4 **級數:** Beginner / Improver
編舞者: Steve Lescarbeau (USA) - July 2016
音樂: Bidi Bidi Bom Bom - Selena Gomez

(This dance is dedicated to my beautiful granddaughter, Sabrina)

S1 [1-4] Mambo Step, Kick, Mambo Step, Brush

1&	Rock R fwd, Recover L,
2&	Step back on R, Kick L low and fwd,
3&	Rock back on L, Recover R,
4&	Step on L, Brush R fwd

S2 [5-8] R Jazz Cross, Weave ¼ R

5&	Cross R over L, ¼ R stepping back on L,
6&	Step R to R, Cross L over R,
7&8	Step R to R, Step L behind R, ¼ R stepping R fwd. 6:00

S3 [9-12] 1/8 Paddle Right x 2, Weave Right,

1,2	Touch L to L as you pivot 1/8 R on R, Touch L to L as you pivot 1/8 R on R 9:00
3&4	Step L behind R, Step R to R, Cross L over R,

S4 [13-16] Hips Rolls x 4 (1/4 Turn to Left in 4 beats)

5&6&7&	Step small step fwd on R, push weight back to L as you roll your booty to R making an 1/16 turn to L, (Repeat 3 times),
8	Step on R 6:00

(Think of it as Step, Roll, Step, Roll, Step Roll, Step)
***Restart Here on Wall 3 – Replace count 16, "Step" with a "Touch" to begin dance again!**

S5 [17-20] Rock Back, Recover, Side, Rock Back Recover Forward

1&2	Rock L behind R, Recover R, Step L to L,
3&4	Rock R behind L, Recover L, Step R fwd

S6 [21-24] Step, Lock, Step, Chase ½ Left w/Cross

5&6	Step L fwd, Slide R behind L (popping L knee), Step L fwd,
7&8	Step R fwd, ½ L stepping L fwd, Step R across L 12:00

S7 [25-28] Prissy Walk x 2, Left Samba

1,2,3	Step L across R, Step R across L, Cross L over R,
a4	quickly step on ball of R to R, Step on L 1/8 turn to L 11:00

S8 [29-32] 5/8 Walk Around Turn to Left

5,6	Cross R over L 1/8 turn to L, Step fwd ¼ L on L,
7,8	Step fwd ¼ L on R, Step on L 3:00

End of Dance, Begin Again!

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