

All Good

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Yvonne Anderson (SCO) - June 2016
音樂: Don't Worry Baby - The Beach Boys & Lorrie Morgan : (iTunes and Amazon)



Notes: Start on vocal, 3 Restarts walls 2,5 & 9...see below for details...easy to hear in the track.
Dance ends facing forward

[1-8] CROSS ROCK, RECOVER, BALL-CROSS-SIDE, BEHIND, UNWIND ½, SHUFFLE FORWARD

1-2 Rock L across right, Recover weight on R [12]
&3 (&) Step L to left and slightly back, Step R to right across left [12]
4-6 Step L to left, Touch R toes behind left, Unwind ½ turn right taking weight on R [6]
7&8 Shuffle forward stepping L,R,L [6]

[9-16] ROCK FORWARD, RECOVER, ¼ RIGHT, POINT LEFT, ROLLING VINE LEFT, POINT RIGHT

1-2 Rock R forward, Recover weight on L [6]
3-4 Make ¼ turn right stepping R to side, Point L toes to left [9]
5-8 Make ¼ turn left, stepping L forward, Make ½ turn left stepping R back, Make ¼ turn left
 stepping L to left, Point R toes to right [9]

RESTART wall 2, add an (&) count to bring R beside left, restart (facing 12 o'clock)

[17-24] BALL-CROSS-HOLD, BALL-CROSS-SIDE, SAILOR STEPS LEFT AND RIGHT

&1-2 (&) Step R next to left, Step L across right, Hold [9]
&3-4 (&) Step ball of R to right, Step L across right, Step R to side [9]

RESTART walls 5&9 (facing walls 3&9 respectively) dance to count 20 then Restart

5&6 Step L behind right, (&) Step R to right, Step L to left [9]
7&8. Step R behind left, (&) Step L to left, Step R to right [9]

[25-32] STEP ½ TURN RIGHT, SHUFFLE FORWARD, TWO STEP TURN, SYNCOPATED ROCK

1-2 Step L forward, make ½ turn right taking weight on R [3]
3&4 Shuffle forward stepping L, R, L[3]
5-6. Make ½ turn left stepping R back, Make ½ turn left stepping L forward [3]
7-8& Rock R forward, Recover weight on L, (&) Step R beside left [3]

REPEAT