

# Lightning

COPPER KNOB  
BYEPOSTERS

拍數: 32      牆數: 2      級數: Low Intermediate  
編舞者: Stella Kim (KOR) - July 2016  
音樂: Lightning (feat. Fatai) - Guy Sebastian



Intro : 36 counts

## SEC 1: FORWARD, HOLD, FORWARD, FORWARD ROCK, RECOVER, BACK ROCK, RECOVER AND 1/4 TURN SWEEP, CROSS, SIDE ROCK, RECOVER

1-3            RF forward, hold, LF forward  
4&5           RF forward rock, LF recover, RF back rock(Right shoulder and body slightly turn to R)  
6              1/4 turn L with LF recover and RF sweep from back to front  
7-8&         RF cross over LF, LF side rock, RF recover

## SEC 2: FORWARD ROCK, 1/4 TURN L WITH RECOVER, SIDE ROCK, 1/4 TURN R WITH RECOVER, PIVOT 1/2 TURN R, FORWARD, FULL TURN L, 1/2 TURN L

1-2            LF forward rock, 1/4 turn L with RF recover  
3-4            LF side rock, 1/4 turn R with RF recover  
&5-6         LF forward, pivot 1/2 turn R (weight RF), LF forward  
7-8            1/2 turn L with RF back, 1/2 turn L with LF forward,

**\* Walls 2 and 5 - Restart here (6:00)**

&              1/2 turn L with RF back

## SEC 3: 1/4 TURN WITH SIDE ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS, SIDE AND SWEEP 5/8 TURN, SAILOR STEP WITH BODY ROLL, BACK, BACK

1-2            1/4 turn L with LF side rock, RF recover  
3&4            LF side rock, RF recover, LF cross over RF  
5-6&7        RF side and LF sweep 5/8 turn L(10:30), LF cross behind RF, RF slightly side, LF forward with body roll from front to back  
8&            RF back, LF back

## SEC 4: BACK, HOLD, COASTER STEP, FORWARD, HOLD, WALK AROUND 3/8 TURN L

1-2            RF back, hold  
3&4            LF back, RF together, LF forward  
5-6            RF forward, hold  
7&8            walk around 3/8 turn L with 3 times of forward walk (LF/RF/LF)

**RESTART: On the 2nd, 5th wall, you should dance until 16 counts and start again (In this time, you should dance until full turn to L and then 1/4 turn to L and start again ( 6:00))**

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<http://www.youtube.com/user/thetrianglelinedance>