

Get It Baby

COPPERKNOB
BY STEPHEN

拍數: 128 牆數: 2 級數: Intermediate
編舞者: Kenneth Gibson (USA) - July 2016
音樂: Get It Baby by Tito Jackson



#16 count intro, dance starts on lyrics

(1 - 8) LUNGES R L R L (2x)

- 1 - 2 Lunge R touching R to right side, step R next to L
- 3 - 4 Lunge L touching L to left side, step L next to R
- 5 - 6 Lunge R touching R to right side, step R next to L
- 7 - 8 Lunge L touching L to left side, step L next to R

(9 - 16) SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP BACK RLRL

- 1&2 Shuffle forward RLR (step R forward, step L next to R, step R forward)
- 3&4 Shuffle forward LRL (step L forward, step R next to L, step L forward)
- 5 - 8 Step back R, L, R, L

(17 - 32) Repeat counts 1 - 16 however, on count 32 touch L beside R.

(33 - 40) STEP L, R KNEE IN, OUT, IN, OUT, IN, STEP, STEP

Over the next 6 counts your weight remains on your L. On count 2 lean forward and over your left knee; on counts 3 & 4 bend left knee deeper:

- 1 - 2 1) Step L to left side; 2) slightly bend left knee & turn right knee in towards left knee
- 3 - 4 3) Bring right knee back to center; 4) turn right knee in towards left knee

On counts 5 - 7, slowly start to rise back up:

- 5 - 6 5) Bring right knee back to center; 6) turn right knee in towards left knee
- 7 - 8 7) Bring right knee back to center stepping on the R; 8) step L beside R

(41 - 48) TAP R HEEL FORWARD, ¼ TURN RIGHT TAP R FORWARD, TRIPLE STEP (REPEAT ON LEFT)

- 1 - 2 1) Tap R heel forward; 2) Turn ¼ right tapping R heel forward [3:00]
- 3&4 Right triple in place RLR
- 5 - 6 5) Tap L heel forward; 6) Turn ¼ left tapping L heel forward [12:00]
- 7&8 7) Step L to center; &) Step R beside L; 8) Touch L beside R

(49 - 64) Repeat counts 33 - 48 however, on count 48 step L beside R.

(65 - 72) ¼ RIGHT SHUFFLE FORWARD, STEP ½ PIVOT RIGHT, L SHUFFLE FORWARD, STEP, ¼ L

- 1&2 ¼ turn right shuffle forward RLR [3:00]
- 3 - 4 Step forward L, ½ pivot turn right and step on R [9:00]
- 5&6 Shuffle forward LRL
- 7 - 8 Step forward R, make ¼ turn left and step L beside R [6:00]

(73 - 80) HIP DIPS RLRL

- 1 - 2 1) Step R to right dipping hips down and toward right; 2) Touch L to left side
- 3 - 4 3) Step L to left dipping hips down and toward left; 4) Touch R to right side
- 5 - 8 Repeat steps 1 - 4 above

(81 - 96) Repeat counts 65 - 80 [12:00]

(97 - 104) TRAVELING RIGHT STEP SIDE TOGETHER (2X); REPEAT TRAVELING LEFT (Elvis knees)

- 1 - 2 On balls of both feet, step R to right side and pop knees out, step L next to R and close knees

- 3 – 4 On balls of both feet, step R to right side and pop knees out, touch L next to R and close knees
- 5 – 6 On balls of both feet, step L to left side and pop knees out, step R next to L and close knees
- 7 – 8 On balls of both feet, step L to left side and pop knees out, touch R next to L and close knees

(105 – 112) TRAVELING RIGHT STEP SIDE TOGETHER (2X); REPEAT TRAVELING LEFT (Elvis knees)

- 1 – 2 On balls of both feet, step R to right side and pop knees out, step L next to R and close knees
- 3 – 4 On balls of both feet, step R to right side and pop knees out, touch L next to R and close knees
- 5 – 6 On balls of both feet, step L to left side and pop knees out, step R next to L and close knees
- 7 – 8 On balls of both feet, step L to left side and pop knees out, touch R next to L and close knees

(113 – 120) TOE SWITCHES; TOE TAPS

- 1&2& 1) Tap R toe forward; &) step R next to L; 2) Tap L toe forward: &) Step L next to R
- 3 – 4 3) Tap R toe forward; 4) HOLD
- &5 – 6 &) Step R next to L; 5) Tap L toe forward; 6) HOLD
- &7&8 &) Step L next to R; 7) Tap R toe forward; &) Step R next to L; 8) Tap L toe forward

(121 – 128) TOE TAPS, ½ TURN WITH TOE TAPS

- &1–2 &) step L next to R; 1) Tap R toe forward; 2) HOLD
- &3–4& &) Step R next to L; 3) Tap L toe forward; 4) HOLD; &) Step L next to R
- 5&6& Gradually making ¼ turn left, 5) Tap R toe forward; &) Step R next to L; 6) Tap L toe forward; &) Step L next to R
- 7&8& Gradually making ¼ turn left, 7) Tap R toe forward; &) Step R next to L; 8) Tap L toe forward; &) Step L next to R [6:00]

Step description by Betsy Courant (egc123@aol.com) as translated from YouTube videos:
