

# No Mercy

拍數: 32      牆數: 4      級數: Improver  
編舞者: Roy Verdonk (NL) & Darren Bailey (UK) - July 2016  
音樂: No Mercy - Racoon



## Intro : 16 Counts

### Out/Out, Heel Tap, Kick Ball Cross R, Hip Roll, Behind, 1/4 L, Step Forward L, Step Forward R

&1-2      Rf step out right (&), Lf step out left, Rf tap heel on floor  
3&4      Rf kick to right diagonal, Rf step together ( & ), Lf cross in front of Rf  
5-6      Rf step side right and start hip roll clockwise, recover onto Lf finishing hip roll  
7&8      Rf cross behind Lf, make 1 / 4 turn left stepping Lf forward ( & ), Rf step forward (9.00 )

### Slow Skate L On Left Diagonal, 1/4 Turn R, Shuffle Forward R On Right Diagonal Cross, Hold, Side Rock R, Recover L, Cross

1-2      Lf start slow skate to left diagonal, Lf finish slow skate to left diagonal  
&      make 1 / 4 turn right (12.00 )  
3&4      Rf step forward to right diagonal, Lf step together ( & ), Rf step forward to right diagonal  
5-6      Lf cross in front of Rf, hold  
7&8      Rf rock step right , recover onto Lf (&), Rf cross in front of Lf

### Side L, Hold, Ball/Shuffle L , Cross Rock R, Recover L, Shuffle With 1/4 Turn R

1-2      Lf step left, hold  
&3&4      Rf step next to Lf (&), Lf step left , Rf step together ( & ), Lf step left  
5-6      Rf cross rock in front of Lf, recover onto Lf  
7&8      Rf step right, Lf step together ( & ), make 1 / 4 turn right stepping Rf forward ( 3.00 )

### Step L Forward, 1/2 Turn R, Step R Forward, Shuffle Forward L, Rocking Chair

1-2      Lf step forward, make 1 / 2 turn right stepping Rf forward ( 9.00 )  
3&4      Lf step forward, Rf step together ( & ), Lf step forward  
5-6      Rf rock forward, recover onto Lf  
7-8      Rf rock back, recover onto Lf

Submitted by: Lieke de Leeuw-Nobelen - [leeuw.nobelen@gmail.com](mailto:leeuw.nobelen@gmail.com)