

Fix

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Margaret Morrison (USA) - June 2016
音樂: Fix - Chris Lane



#16 count intro - Start with weight on left

[1-8] Sailor Left, Sailor Right, Sailor Left

1,2 step right foot hold.
3&4 Step left behind right, step right next to left, step left to left
5&6 Step right behind left, step left next to right, step right to right
7&8 Step left behind right, step right next to left, step left to left

[9-16] Weave, 1/2 turn, behind side cross

1,2,3,4 Step right, left behind, step right touch left
5,6,7&8 Step left 1/4 turn to left with weight right, step left 1/4 left with weight right, left behind right, left cross over right

[17-24] Scissor Step Right, Scissor Step Left, Hip Bump turn, Coaster Step

1&2 Rock out to side right, Recover to left, Cross Right over Left, Hold
3&4 Rock out to side left, Recover to right, Cross Right over Right, Hold
5&6 Step Right out to Right Side, Bump hips Left, Bump hips Right 1/4 turn left with weight to right foot, hold
7&8 Step left foot back, Step right foot back, Step left foot forward, hold

[24-32] Toe Strut Right, Toe Strut Left (with attitude), Paddle 1/2 turn over left

1&2 Toe, heel right
3&4 Toe, heel left
5,6 Make 1/4 turn left point right foot to right
7,8 Make 1/4 turn left point right foot to right

Contact: howardhighland@earthlink.net