

# Cruel Summer

拍數: 32                      牆數: 4                      級數:  
編舞者: Alison Austerberry (UK) & Barbara Mulholland (UK) - July 2016  
音樂: Cruel Summer - Bananarama



## Optional music:-

Cruel Summer – Ace of Base (very FAST)  
Cruel Summer – Foxy Brown (Rap version)

## STYLING (Optional)

Extreme Bananarama style – so dig out your beads, leg warmers and dungarees and remember 1983 and the long hot summers....having FUN in the sun.

### RIGHT DOROTHY STEP, LEFT DOROTHY STEP, WALK, WALK, RIGHT SHUFFLE (3/4 turn)

1&2                      Long step diagonally fwd right, step left behind right, small step fwd right.  
3&4                      Long step diagonally fwd left, step right behind left, small step fwd left.  
5-6                      Long Walks forward Right, Left (turning ¾ turn to the left)  
7&8                      Step fwd right. Step left beside right. Step right forward

### LEFT MAMBO FORWARD, RIGHT MAMBO BACK, POINT, POINT, LEFT SAILOR ¼ TURN

9&10                      Rock forward on left. Recover weight on right. Close left beside right  
11&12                      Rock back on right. Recover weight on left. Close right beside left  
13-14                      Point left toe forward. Point left toe to left side  
15&16                      Cross left behind right. Step right to right side. Step left to left side.(1/4 turn to left)

### KICK & CROSS,& HOLD & DIP/SHIMMY& CROSS, & JUMP & JUMP & JUMP & STEP

17&18                      Kick right to right diagonal. Step on ball of right. Cross left over right.  
&19&20 &                      Hold. Dip OR Shimmy Shoulders. Step on ball of right,. Cross left over right.  
&21&22                      Hop on to the right. Touch left next to right. Hop to the left, touch right next to left  
&23&24                      Hop on to the right. Touch left next to right. Hop to the left. Step right beside left.

### STEP, KICK (OR HINGE), RIGHT LOCKSTEP BACK, TURNING WALKS, LEFT SAILOR STEP

25-26                      Step forward on left, kick right forward (or hinge right knee)  
27&28                      Step back on right. Step left beside right. Step back on right.  
29-30                      Step on left, making ¼ turn left. Step on right making ¼ left ( swaying shoulders)  
31&32                      Cross left behind right. Step right to right side. Step left to left side

## END OF DANCE

RESTARTS : End WALL 4, 5 and 8