

Connect Me Please

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Larry Bass (USA) - May 2016
音樂: Hey Operator! (Sleaze Mix) - The Dean Brothers



(Fade music around 3:30 to 3:45)

WALK, WALK, MAMBO CROSS; BACK, BACK, CROSS, BACK, ROCK STEP, ½ TURN

- 1-2 Step R forward; Step L forward
3&4 Rock R forward, Recover back to L, Step R across L angling body to left diagonal □ (10:30)
5&6 Step L back, Step R back turning to face 12:00, Step Left across R angling body to right diagonal (1:30)
&7&8 Step R back, Rock L back, Recover R forward, Turn ½ turn right & step L back lifting R knee (6:00)

½ TURNING TRIPLE STEP, STEP ¼ PIVOT CROSS, KICK & CROSS & BEHIND & CROSS

- 1&2 Turn ½ turn right & triple step forward R, L, R □ (12:00)
3&4 Step L forward, Turn ¼ right to R, Step L across R □ (3:00)
5&6 Kick R forward, Step R beside L, Step L across R,
&7 Step R to right, Step L behind R,
&8 Step R to right Step L across R, Step R to right (3:00)

LONG STEP SIDE, ROCK, RECOVER; LONG STEP SIDE, ROCK RECOVER; ¼ TURN, ½ TURN TRIPLE STEP

- 1-2& Step R long step right; Rock L back, Recover forward to R □ (3:00)
3-4& Step L long step left; Rock R back, Recover forward to L
5 Turn ¼ turn left & step R back lifting L knee □ (12:00)
6&7 Turn ½ turn left & triple step L, R, L □ (6:00)

STEP ¼ CROSS; HOLD, & CROSS; HOLD & BEHIND & CROSS, BALL, TURN, BALL, TURN, BALL STEP TURNING ½ TURN RIGHT

- 8&1 Step R forward, Pivot ¼ turn left to L, Step R across L (3:00)
2&3 Rock ball of L to left, Recover right to R, Step L across R
4& Rock ball R to right, Recover left to L
5& (Arching a circle ½ Turn R) Step R across L, Step on Ball of L to L Side
6& Cross R Over L, Step on Ball of L to L Side
7&8 Cross R Over L, Step on Ball of L to L Side, Step R forward □ (9:00)
& Step on ball of L forward

Begin Again

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