

# Get Us In Trouble

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 2      級數: Improver  
編舞者: Mike Stringer (UK) - July 2016  
音樂: Get Us in Trouble - Milton Patton



#32 Count intro ( from heavy beat, start on the word toes..... Sand in between your toes)

## SECTION 1: SIDE ROCK, CROSS SHUFFLE, ½ HUNGE TURN, SHUFFLE FORWARD

- 1-2.            Rock right to right side, Recover onto left
- 3&4.          Crossing Right over left, step left to left side, cross right over left (12:00)
- 5-6.          Turn ¼ over right stepping left back, turn ¼ l've right stepping right forward
- 7&8.          Step left forward, step right together, step left forward (6:00)

## SECTION 2: FORWARD ROCK, AND JUMP BACK, HOLD/CLAP, HIP BUMPS

- 1-2.            Rock right forward, recover onto left
- &3-4.         Jump slightly back right, left (shoulder width apart), hold/clap (6:00)
- 5-6.          Bump hips left twice
- 7-8.          Bump hips right twice (6:00)

## SECTION 3: ROCKING CHAIR, ¼ TURN, SWIVEL TOGETHER

- 1-2.            Rock left forward, recover onto right
- 3-4.            Rock left back, recover onto right (6:00)
- 5-6.            Step left to left side making ¼ turn over right, swivel right heel towards left
- 7-8.            Swivel right toes towards left, swivel right heel in place (9:00)

## SECTION 4: ROLLING VINE, ROLLING VINE

- 1-2.            ¼ turn right stepping right forward, ½ turn right stepping left back
- 3-4.            ¼ turn right stepping right to right side, touch left in place (9:00)
- 5-6.            ¼ turn left stepping left forward, ½ turn left stepping right back
- 7-8.            ¼ turn left stepping left to left side, touch right in place (9:00)

## RESTART WALL 5 (See description below)

## SECTION 5: WALK FORWARD, KICK, WALK BACK ¼ TURN, TOUCH

- 1-2.            Walk forward on right, walk forward on left
- 3-4.            Walk forward on right, kick forward left (9:00)
- 5-6.            Walk back on left, walk back on right
- 7-8.            ¼ turn left stepping left to left side, touch right in place (6:00)

## SECTION 6: VINE, SIDE BEHIND, SHUFFLE ¼ TURN

- 1-2.            Step right to right side, step left behind right
- 3-4.            Step right to right side, touch left next to right (6:00)
- 5-6.            Step left to left side, step right behind left
- 7&8.          Turn ¼ left stepping left forward, step right next to left, step left forward (3:00)

## SECTION 7: ROCKING CHAIR, ½ PIVOT, ¼ PIVOT

- 1-2.            Rock forward right, recover onto left
- 3-4.            Rock back right, recover onto left (3:00)
- 5-6.            Step forward right, turn ½ over left, putting weight onto left
- 7-8.            Step forward right, turn ¼ over left, putting weight onto left

## SECTION 8: JAZZ BOX, SIDE STEP SWIVEL TOGETHER

- 1-2.            Cross right over left, step left back
- 3-4.            Step right to right side, cross left over right (6:00)

- 5-6. Step right to right side, swivel left heel to right  
7-8. Swivel left toes to right, swivel left heel in place (6:00)

**Begin again, smile and enjoy**

**RESTART: Wall 5**

**Dance upto and including the right rolling vine (section 4, count 4)**

**Then replace the last 2 counts of the left vine with a step back, touch**

**So section 4 count 5-8**

5-6.  $\frac{1}{4}$  turn left stepping forward left,  $\frac{1}{2}$  turn left stepping back right

7-8. Step back left, touch right in place.

**Restart dance from beginning facing 12:00**

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