

# Back On Trail

拍數: 80      牆數: 2      級數: Advanced  
編舞者: Adriano Castagnoli (IT) - July 2016  
音樂: Here I Go Again - Lee Matthews



## **S1: HEEL SWITCHES (LEAD RIGHT), KICK, JUMPING CROSS, KICK, (RIGHT, LEFT), JUMP CROSS (TWICE)**

1-2      Touch Right Heel Forward, Touch Left Heel Forward  
3-4      Kick Right Forward, Jumping Cross Right Over Left  
5-6      Jump In Back On Left And Kick Right Forward, Kick Left Forward  
7-8      Jumping Cross Left Over Right (Twice)

## **S2: JUMP BACK, ROCK BACK LEFT, SCUFF, FULL TURN RIGHT FORWARD (TOES STRUT)**

1-2      Jump Back On Right, Rock Back On Left And Kick Right Forward  
3-4      Return Onto Right, Scuff Left Beside Right  
5-6      Turn 1/2 Right And Step Back On Left Toe, Drop Left Heel Taking Weight  
7-8      Turn 1/2 Right And Step Forward On Right Toe, Drop Right Heel Taking Weight

## **S3: ROCK LEFT, KICK, CROSS, FLICK UP RIGHT AND SLAP, STOMP, HEELS FAN RIGHT**

1-2      Rock Left Diagonally Back On Left, Step Right Back  
3-4      Kick Left Forward, Cross Left Over Right (Weight On It)  
5-6      Flick Up Right To Outside And Slap Right On Right Heel, Stomp Right Forward  
7-8      Swivel Both Heels To Right Side, Return Both Heels To Centre

## **S4: FULL TURN RIGHT BACK AND HOLD, SCOOT (TWICE), STEP, SCUFF**

1-2      Turn 1/2 Right On Left And Step Right Forward, Hold  
3-4      Turn 1/2 Right On Right And Step Left Back, Hold  
5-6      Jump Forward On Left Hitching Other Knee (Twice)  
7-8      Step Right Little Forward, Scuff Left Beside Right

## **S5: ROCK FORWARD LEFT, STEP BACK, HOLD, COASTER STEP RIGHT, SCUFF**

1-2      Rock Forward On Left, Return Onto Right  
3-4      Step Left Back, Hold  
5-6      Step Right Back, Step Left Beside Right  
7-8      Step Right Forward, Scuff Left Beside Right

## **S6: PIVOT 1/2 RIGHT, TURN 1/2 RIGHT, HOOK, GRAPEVINE RIGHT, POINT LEFT**

1-2      Step Left Forward, Pivot 1/2 Turn Right  
3-4      Turn 1/2 Right On Right And Step Left Back, Hook Right Over Left  
5-6      Step Right To Right Side, Cross Left Behind Right  
7-8      Step Right To Right Side, Point Left Toe To Left Side

## **S7: TURN 1/4 LEFT AND HEEL STRUT LEFT, 2 TOUCH TOE, JUMPING KICK, TURN 1/4 RIGHT AND KICK, HOOK, TOUCH TOE**

1-2      Turn 1/4 Left And Touch Left Heel Forward, Drop Left Toe To Taking Weight  
3-4      Touch Right Toe Behind Left (Twice)  
5-6      Jumping Back On Right And Kick Left Forward, Turn 1/4 Right And Kick Right Forward  
7-8      Jumping On Right Onto Place And Hook Left Back, Touch Left Toe Behind Right

## **S8: FLICK UP LEFT AND SLAP, STEP, HEELS FAN, POINT LEFT, BACK, KICK, HOOK**

1-2      Flick Up Left To Outside And Slap Left On Left Heel, Step Left Forward  
3-4      Swivel Both Heels To Left Side, Return Both Heels To Centre

- 5-6 Point Left Toe To Left Side, Step Left Back  
7-8 Kick Right Forward, Hook Right Over Left

**S9: KICK RIGHT, TURN 1/4 LEFT AND KICK LEFT, KICK RIGHT, CROSS, TURN 1/4 LEFT, ROCK BACK RIGHT, SCUFF**

- 1-2 Kick Right Forward, Turn 1/4 Left And Kick Left Forward  
3-4 Kick Right Forward, Jumping Cross Right Over Left  
5-6 Turn 1/4 Left And Step Left Back, Rock Back On Right And Kick Left Forward  
7-8 Return Onto Left, Scuff Right Beside Left

**S10: TURN 1/4 LEFT, STOMP UP, TURN 1/4 LEFT, SCUFF (ALL TWICE)**

- 1-2 Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right  
3-4 Turn 1/4 Left And Step Left Forward, Scuff Right Beside Left  
5-6 Repeat 1-2  
7-8 Repeat 3-4

**REPEAT**

**INTRODUCTION: perform the last 4 sequence of the choreography, but starting from the front at the 2nd wall  
Here only the first sequence without a quarter-turn**

**HEEL STRUT LEFT, 2 TOUCH TOE, JUMPING KICK (LEFT, RIGHT), HOOK, TOUCH TOE**

- 1-2 Touch Left Heel Forward, Drop Left Toe To Taking Weight  
3-4 Touch Right Toe Behind Left (Twice)  
5-6 Jumping Back On Right And Kick Left Forward, Kick Right Forward  
7-8 Jumping On Right Onto Place And Hook Left Back, Touch Left Toe Behind Right

**TAG: (48 COUNTS) Performed after 5th repetition (after tag perform introduction)**

**TS1: ROCK FORWARD RIGHT, STEP BACK, HOLD, COASTER STEP LEFT, HOLD**

- 1-2 Rock Forward On Right, Return Onto Left  
3-4 Step Right Back, Hold  
5-6 Step Left Back, Step Right Beside Left  
7-8 Step Left Forward, Hold

**TS2: PIVOT 1/2 LEFT, STOMP, HOLD, TOUCH TOE, SCUFF, STEP, HOLD**

- 1-2 Step Right Forward, Pivot 1/2 Turn Left (Weight Onto Right)  
3-4 Stomp Left Forward, Hold  
5-6 Touch Right Toe Diagonally Back, Scuff Right Beside Left  
7-8 Step Right Over Left, Hold

**TS3: ROCK FORWARD LEFT, STEP BACK, HOLD, COASTER STEP RIGHT, HOLD**

- 1-2 Rock Forward On Left, Return Onto Right  
3-4 Step Left Back, Hold  
5-6 Step Right Back, Step Left Beside Right  
7-8 Step Right Forward, Hold

**TS4: PIVOT 1/2 RIGHT, STOMP, HOLD, TOUCH TOE, SCUFF, STEP, HOLD**

- 1-2 Step Left Forward, Pivot 1/2 Turn Right (Weight Onto Left)  
3-4 Stomp Right Forward, Hold  
5-6 Touch Left Toe Diagonally Back, Scuff Left Beside Right  
7-8 Step Left Over Right, Hold

**TS5: ROCK FORWARD RIGHT, STEP BACK, HOLD, COASTER STEP LEFT, HOLD**

- 1-2 Rock Forward On Right, Return Onto Left  
3-4 Step Right Back, Hold  
5-6 Step Left Back, Step Right Beside Left  
7-8 Step Left Forward, Hold

**TS6: PIVOT 1/2 LEFT, STOMP, HOLD, KICK RIGHT, CROSS & UNWIND 1/2 LEFT, HOLD**

1-2 Step Right Forward, Pivot 1/2 Turn Left (Weight Onto Right)

3-4 Stomp Left Forward, Hold

5-6 Kick Right Forward, Cross Right Over Left

7-8 Unwind 1/2 Turn Left, Hold

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