

Yes! Now!

拍數: 48 牆數: 4 級數: Improver
編舞者: Robert Hahn (DE) - October 2013
音樂: Aw Naw - Chris Young



Note: Start On Lyrics. No Tags, No Restarts!

This dance is dedicated to my home town club the SkyLiners-Nuernberg e.V., who love to dance coaster & sailor steps !!!

[1-8] Scuff, Step Side, ¼ Swivel Turn Left, Coaster Step, Walks Forward

1-2 Scuff right heel forward next to left, step right to right side
3&4 Swivel heels right, left, right and make a ¼ turn left (weight ends on right)
5&6 Step left back, step right next to left, step left forward
7-8 Walk forward right, walk forward left

[9-16] Mambo Step with ¼ Turn Right, Step Cross, Side, Sailor Step, Mambo Step

1&2 Step right forward, recover weight onto left, make a ¼ turn right and step right to right side
3-4 Step left across right, step right to right side
5&6 Step left behind right, step right to right side, step left slightly to left diagonal
7&8 Step right forward, recover weight onto left, step right back

[17-24] Coaster Step, Dorothy Steps, Step Forward

1&2 Step left back, step right next to left, step left forward
3 Step right forward to right diagonal
4&5 Step left behind right, step right forward to right diagonal, step left forward to left diagonal
6&7 Step right behind left, step left forward to left diagonal, step right forward to right diagonal
8 Step left forward

[25-32] Mambo Step, Full Left Turn Back, ½ Shuffle Turn Left, Kick Ball Step

1&2 Step right forward, recover weight onto left, step right back
3-4 Make a ½ turn left and step left forward, make a ½ turn left and step right back
5&6 Make a ¼ turn left and step left to left side, step right next to left, make a ¼ turn left and step left □forward
7&8 Kick right forward, step right next to left, step left forward

[33-40] Side Rock, Behind Side Cross, Side Rock, Behind ¼ Turn Right Step,

1-2 Step right to right side, recover weight onto left
3&4 Step right behind left, step left to left side, step right across left
5-6 Step left to left side, recover weight onto right
7&8 Step left behind left, make a ¼ turn right and step right forward, step left forward

[41-48] Toe & Heel Switches & Rock Step, ½ Turn Right, Step Forward

1&2 Touch right toe to right side, step right next to left, touch left toe to left side
&3 Step left next to right, touch right heel forward
&4 Step right next to left, touch left heel forward
&5-6 Step left next to right, step right forward, recover weight into left
7-8 Make a ½ turn right and step right forward, step left forward

... Start Again

