

My Rhythm

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Newcomer / Novice
編舞者: Jonas Jurkaitis - July 2016
音樂: Me & the Rhythm - Selena Gomez



3 STEPS FORWARD, TOUCH, X2

- 1 LF □ Step forward
- 2 RF □ Step forward
- 3 LF □ Step forward
- 4 RF □ Touch R
- 5 RF □ Step forward
- 6 LF □ Step forward
- 7 RF □ Step forward
- 8 LF □ Touch L

½ STEP TURN R 2X, STEP, TOUCH, CHASSE R ¼ TURN R

- 9 LF □ Step forward
- 10 RF □ ½ turn R, step forward
- 11 LF □ Step forward
- 12 RF □ ½ turn R, step forward
- 13 LF □ Step forward
- 14 RF □ Touch together
- 15 RF □ Step R
- & LF □ Step together
- 16 RF □ ¼ turn R, step forward

¼ STEP TURN R, WEAVE, ROCK STEP, ¾ STEP TURN L

- 17 LF □ Step forward
- 18 RF □ ¼ turn R, step R
- 19 LF □ Cross over
- & RF □ Step R
- 20 LF □ Cross behind
- 21 RF □ Step R
- 22 LF □ Recover weight
- 23 RF □ ¼ turn L, step forward
- 24 LF □ ½ turn L, step forward

LOCK STEP BACK, STEP L, ¼ TURN R, ¼ STEP TURN R, STEP TOGETHER 2 X

- 25 RF □ Step backwards
- & LF □ Cross over
- 26 RF □ Step backwards
- 27 LF □ Step L
- 28 RF □ ¼ turn R, step forward
- 29 LF □ Step forward
- 30 RF □ ¼ turn R, step R
- 31 LF □ Step together
- 32 RF □ Step together

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