

# Forever For Evigt

**COPPER KNOB**  
STEPSHEETS

拍數: 56      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Annette Dida Nielsen (DK) - July 2016  
音樂: For Evigt (feat. Johan Olsen) - Volbeat : (Album: Seal The Deal)



Intro: □80 counts

Restarts:-

Part A:

Wall 3 - Restart after 16 counts (12:00)

Wall 6 - Restart after 8 counts (06:00)

Wall 9 - Restart after 16 counts (06:00)

Wall 12 - Restart after 8 counts (12:00)

Tag:

Part B:

After wall 2 – Rocking chair R and Hold for 4 counts (3 without music)

Ending: □Wall 20 – First 25 counts then point back R, ½ turn R

Part A: 32 COUNTS □

A[1 – 8] □Vine ¼ R, Hold, Step ¼ R, Cross, Hold

1-2            Step R to R side, cross L behind R,

3-4            Turn ¼ R stepping fwd on R, Hold

5-6            Step L fwd, make ¼ R

7-8            Cross L over R, Hold

(Restart wall 6 and 12)

A[9 – 16] □Rocking Chair R, Step 1/2 L, Step fwd R L

1-2            Rock fwd R, recover L

3-4            Rock back R, recover L

5-6            Step fwd R, turn ½ L

7-8            Step fwd R L

(Restart wall 3 and 9)

A[17 – 24] □Back R, Cross L, Back R, Back L, Cross R, Back L, ½ turn R, Step fwd L

1-2            Step R back, Cross L over R

3-4            Step R back, Step L back

5-6            Cross R over L, Step L back

7-8            Make ½ R, Step L fwd

A[25 – 32] □Kick R, Twist heels R, Kick L, Twist heels L

1-2            Kick R, Step R next to L

3-4            Twist both heels to R, Recover to center

5-6            Kick L, Step L next to R

7-8            Twist both heels to L, Recover to center

Part B: 24 COUNTS □□

B[1 – 8] □Rock fwd R, Back point R, ½ turn R, Rock fwd L, Back point L, ½ turn L

1-2            Rock R fwd, Recover on L

3-4            Point R toe back, make ½ turn R (weight on R)

5-6            Rock L fwd, Recover on R

7-8            Point L toe back, make ½ turn L (weight on L)

B[9 – 16] □Sweep R, Step side L, Behind side cross, Sweep L, Step side R, Behind side cross

1-2 Sweep R over L, Step L to L side  
3&4 Cross R behind L, Step L to L side, Cross R over L  
5-6 Sweep L over R, Step R to R side  
7&8 Cross L behind R, Step R to R side, Cross L over R

**B[17 – 24] □ Step ½ turn L, Shuffle fwd R, Step ½ turn R, Shuffle fwd L**

1-2 Step fwd R, turn ½ L  
3&4 Step forward on R, Close L next to R, Step forward on R  
5-6 Step fwd L, turn ½ R  
7&8 Step forward on L, Close R next to L, Step forward on L

**Sequence:-**

**A - A - A with restart after 16 counts**

**A - A - A with restart after 8 counts**

**A - A - A with restart after 16 counts**

**A - A - A with restart after 8 counts**

**B – B – Tag 4 counts + 4 “counts” without music**

**A – A – A – A – A with ending**

**To Vibeke**

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**Last Update – 10th Aug 2016**

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