

Forever For Evigt

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Annette Dida Nielsen (DK) - July 2016
音樂: For Evigt (feat. Johan Olsen) - Volbeat : (Album: Seal The Deal)



Intro: □80 counts

Restarts:-

Part A:

Wall 3 - Restart after 16 counts (12:00)

Wall 6 - Restart after 8 counts (06:00)

Wall 9 - Restart after 16 counts (06:00)

Wall 12 - Restart after 8 counts (12:00)

Tag:

Part B:

After wall 2 – Rocking chair R and Hold for 4 counts (3 without music)

Ending: □Wall 20 – First 25 counts then point back R, ½ turn R

Part A: 32 COUNTS □

A[1 – 8] □Vine ¼ R, Hold, Step ¼ R, Cross, Hold

1-2 Step R to R side, cross L behind R,

3-4 Turn ¼ R stepping fwd on R, Hold

5-6 Step L fwd, make ¼ R

7-8 Cross L over R, Hold

(Restart wall 6 and 12)

A[9 – 16] □Rocking Chair R, Step 1/2 L, Step fwd R L

1-2 Rock fwd R, recover L

3-4 Rock back R, recover L

5-6 Step fwd R, turn ½ L

7-8 Step fwd R L

(Restart wall 3 and 9)

A[17 – 24] □Back R, Cross L, Back R, Back L, Cross R, Back L, ½ turn R, Step fwd L

1-2 Step R back, Cross L over R

3-4 Step R back, Step L back

5-6 Cross R over L, Step L back

7-8 Make ½ R, Step L fwd

A[25 – 32] □Kick R, Twist heels R, Kick L, Twist heels L

1-2 Kick R, Step R next to L

3-4 Twist both heels to R, Recover to center

5-6 Kick L, Step L next to R

7-8 Twist both heels to L, Recover to center

Part B: 24 COUNTS □□

B[1 – 8] □Rock fwd R, Back point R, ½ turn R, Rock fwd L, Back point L, ½ turn L

1-2 Rock R fwd, Recover on L

3-4 Point R toe back, make ½ turn R (weight on R)

5-6 Rock L fwd, Recover on R

7-8 Point L toe back, make ½ turn L (weight on L)

B[9 – 16] □Sweep R, Step side L, Behind side cross, Sweep L, Step side R, Behind side cross

1-2 Sweep R over L, Step L to L side
3&4 Cross R behind L, Step L to L side, Cross R over L
5-6 Sweep L over R, Step R to R side
7&8 Cross L behind R, Step R to R side, Cross L over R

B[17 – 24] □ Step ½ turn L, Shuffle fwd R, Step ½ turn R, Shuffle fwd L

1-2 Step fwd R, turn ½ L
3&4 Step forward on R, Close L next to R, Step forward on R
5-6 Step fwd L, turn ½ R
7&8 Step forward on L, Close R next to L, Step forward on L

Sequence:-

A - A - A with restart after 16 counts
A - A - A with restart after 8 counts
A - A - A with restart after 16 counts
A - A - A with restart after 8 counts
B – B – Tag 4 counts + 4 “counts” without music
A – A – A – A – A with ending

To Vibeke

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