

I'm a Woman

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Phrased High Intermediate
編舞者: Lilian Lo (HK) - July 2016
音樂: Act Two: I'm a Woman - B.J., Pattie, DeLee & Brenda : (Album: Smokey Joe's
Café: The Songs of Leiber and Stoller - iTunes, Amazon.com)



A – 32 counts - B – 16 counts - Phrasing: AB AB ABB ABB A
Count in: 8 counts (0:06 mins)

Part A: 32 counts

A(1 – 8&) Cross R, tap L, cross L, tap R, R coaster step, L fwd, ¼ L, lunge L, shimmy

1 2 3 4 Cross R over L (1), tap L to left side (2), cross L over R (3), tap R to right side (4), @12:00
5&6 7&8& Step R back (5), close L next to R (&), step R fwd (6), step L fwd (7), make ¼ turn left (&),
make big step on R to right side, shimmy R shoulder back, L shoulder fwd (8), shimmy R
shoulder fwd, L shoulder back (&), @ 9:00

A(9 – 16&) Shimmy, Drag L, kick L, ball, cross R, side L, cross R behind, ¾ R, R fwd, 1/4 R, side L

1 2 3&4 Shimmy R should back, L shoulder fwd (1), drag L to R (2), kick L across R (3), close on ball
of L (&), cross R over L (4), @ 3:00
5 6 7 8& Step L to left side (5), cross R behind L (6), unwind ¾ turn right (7), step R fwd (8), make ¼
turn right taking big step to left side on L (&), @ 3:00

A(17 – 24&) Cross R behind, unwind ¾ R, flick R back, cross R behind, flick L back, cross L behind, close R, tap L side, close L

1 2 3 4 Cross R behind L (1), hold (2), unwind ¾ turn right slowly (3,4), flick R back (&), @6:00
5 6&7&8& Cross R behind L (5), hold (6), flick L back (&), cross L behind R (7), close R next to L (&), tap
L to left side (8), close L next to R (&), @6:00

A(25 -32&) Tap R side, close R, 1/4 L, step L fwd, 1/4 L, side R, 3/4 sailor turn left, step R fwd, step L fwd, ¼ L

1 2&3 4 Tap R to side (1), hold (2), close R next to L (&), make ¼ turn left stepping L fwd (3), Make ¼
turn L stepping R to right side (4), @ 12:00
5&6 7 8& Cross L behind (5), make ¾ turn left replacing R next to L (&), step L fwd (6), step R fwd (7),
step L fwd (8), make ¼ turn left (&), @ 12:00

Part B: 16 counts

B(1 – 8&) Side R, hip bump R-L-R-L, cross R behind, replace L, step diagonal R, cross L behind, replace R, step diagonal L

1 2 3 4 Step R to right side bumping hip to right (1), hip left (2), hip right (3), hip left putting weight on
left (4), @12:00
5&6 7&8 Cross R behind left (5), replace on L (&), step R to right diagonal (6), cross L behind right (7),
replace on R (&), step L to left diagonal (8), @ 12:00

B(9 – 16) Cross R behind, ¼ L, step L fwd, ¼ L, step R side, ¾ L, step L fwd, ¼ L, step R side, weave,

1 2 3&4 Cross R behind L (1), make ¼ turn left stepping L fwd (2), make ¼ turn left stepping R to right
side (3), make ¾ turn left stepping L fwd (&), make ¼ turn left stepping R to right side (4), @
6:00
5&6&7&8 Cross L behind R (5), step R to right side (&), cross L over R (6), step R to right side (&),
cross L behind R (7), step R to right side (&), cross L over R (8) @ 6:00

Enjoy this stage dance !