

Calabria

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roosamekto Mamek (INA) - July 2016
音樂: Calabria Samba (feat. Natasja) - Dj Maksy & Enur



Intro: 32 Counts (On Saxophone)

Choreographer's Note: This song has a Samba rhythm, so many of the &'s could be danced as a's

S1: SAMBA CROSS RIGHT, SAMBA CROSS LEFT, CROSS, RECOVER, SIDE, CROSS, RECOVER, TURN 1/4 LEFT

1&2 Cross R over L – Rock L to side – Step R slightly forward (12:00)
3&4 Cross L over R – Rock R to side – Step L slightly forward
5&6 Cross/Rock R over L – Recover on L – Step R to side
7&8 Cross/Rock L over R – Recover on R – Turn ¼ left step L forward (09:00)

S2: FORWARD SHUFFLE, FORWARD SHUFFLE TURN 1/4 LEFT, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2 Step R forward – Step L together – Step R forward
3&4 Turn ¼ left step L forward – Step R together – Step L forward
5&6 Rock R to side – Recover on L – Step R together
7&8 Rock L to side – Recover on R – Step L together

S3: FORWARD MAMBO, COASTER STEP, VOLTA TURN 1/2 RIGHT, CROSS SHUFFLE TURN 1/4 RIGHT

1&2 Rock R forward – Recover on L – Step R back
3&4 Step L back – Step R together – Step L forward
5&6& Turn ¼ right cross R over L – Step L ball beside R – Turn ¼ right cross R over L – Step L ball beside R
7&8 Turn ¼ right cross R over L – Step L to side – Cross R over L

S4: SAMBA WHISKS (RIGHT & LEFT), SKATE LEFT & RIGHT, FORWARD LOCKED SHUFFLE

1&2 Step L to side – Rock R behind L – Recover on L
3&4 Step R to side – Rock L behind R – Recover on R
5-6 Skate L diagonally forward – Skate R diagonally forward
7&8 Step L forward – Locked R behind L – Step L forward

REPEAT

For more info about song & step sheet, please contact: Roosamekto.Nugroho@gmail.com