Can't Stop The Sunshine Ez

級數: Easy Beginner

編舞者: Molly Yeoh (MY) - July 2016

音樂: CAN'T STOP THE FEELING! - Justin Timberlake : (Lyrics video)

#16 count intro Dance - 1 Tag / 1 Restart

(Section 1& 2) Sway body, weave to Right (repeat left side)

- 1-2 3-4 Sway body to Right, Left, Right, Left
- 5-6-7-8 Right step R, Left step back, Right step R, Left step beside R
- 1-2-3-4 Sway body to Left, Right, Left, Right
- 5-6-7-8 Left step L, Right step back, left step L, Right step beside L
- (3rd Wall, after 16 counts Restart 4th Wall facing 12 o'clock too..)

(Section 3 & 4) Step touch back(2x) walk fwd, Step touch back(2x) walk back

- 1-2-3-4 Right step R, Left cross touch behind Right, Left step Left, Right cross touch behind Left
- 5-6-7-8 Walking fwd Right Left, Right, Left step beside Right
- 1-2-3-4 Right step to R, Left touch behind Right, Left step to left, Right touch behind Left
- 5-6-7-8 Walking back Right, Left, Right, Left step beside Right

(Section 5&6) ¼ Right turn Step side (with hand styling) Twist to front,

- 1-2-3-4 ¹/₄ Right turn Right step to right with both hands swing point up, Left step to Left, Right step beside Left with both hands in pockets
- 5-6-7-8 Twist body to front (12 o'clock)
- 1-2-3-4 1/2 Left turn Left Step to Left, Right step beside Left with both hands swing up
- 5-6-7-8 Twist body to front

(Section 7&8) Walk backwards, Shake Right Shake Left

- 1-2, 3-4 Walking Right Left Right backwards, left step beside left
- 5-6, 7-8 Right step to Right, Left touch beside Right, Left step to Left, Right touch beside Left
- 1&2 Shake or twist to Right, left, Right (*option moving to right)
- 3&4 Shake or twist to Left, Right, Left, (* option moving to left)
- 5-6, 7-8 Cross Right leg over Left, hold, ¹/₂ turn both feet to 6 o'clock

(Ending of 6th Wall Add tag 4 counts ((STOP SIGN... Right hand stretch out 1-2, Left hand stretch out 3-4) (Last Wall 16 counts only face 12 o clock)

This dance is for easy beginners to enjoy! Thank you!

Please contact me at suanyeoh@hotmail.com





拍數: 64

牆數:2