

Pride (A Deeper Love)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Adrian Lefebour (AUS) - June 2016
音樂: A Deeper Love (Sam Halabi Radio Remix) - Aretha Franklin : (iTunes)



Notes: 32 count intro from the start of the song. Start on the lyrics – “Easy” (now it ain’t easy)

[1-8] Step, Lock, Step Lock Step, Step fwd, Replace, 3/4 Turn

1,2 Step L fwd to 11.00, Lock R behind L (11.00)
3&4 Step L fwd, Lock step R behind L, Step L fwd (11.00)
5,6 Step R fwd to 11.00, Replace weight back on L (straighten up to 12.00)
7,8 1/4 Turn R step R fwd (3.00), 1/2 Turn R step L back (9.00)

[9-16] 1/2 Turn Shuffle, Step Fwd, Replace, Coaster Step, 1/2 Pivot Turn

1&2 1/2 Turn over R Shuffle fwd on R – Step R fwd, Step L next to R, Step R fwd (weight on R) (3.00)
3,4 Step L fwd, Replace weight back on R
5&6 L Coaster Step – Step L back, Step R next to L, Step L fwd
7,8 Step R fwd, 1/2 Pivot Turn L (weight on L) (9.00)

[17-24] Walk Fwd x2, Step Lock Step, Step Side, Step Together, Back Shuffle

1,2 Step R fwd, Step L fwd
3&4 Step R fwd, Lock step L behind R, Step R fwd (weight on R)
5,6 Step L to L side, Step R next to L (weight on R)
7&8 Shuffle back on L – Step L back, Step R next to L, Step L back (weight on L) (9.00)

[25-32] Step Back, Replace, Walk Fwd x2, Step Across, Step Back, 1/2 Turn Shuffle

1,2 Step R back, Replace weight fwd on L
3,4 Step R fwd, Step L fwd
5,6 Step R across L, Step L back
7&8 1/2 Turn over R Shuffle fwd on R – Step R fwd, Step L next to R, Step R fwd (weight on R) (3.00)

[33-40] 1/4 Turn, Replace, Behind Side Cross, Step Side, Replace, Behind Side Fwd

1,2 1/4 Turn R step L to L side, Replace weight on R (6.00) - Hand Move – Open arms to side on count 1
3&4 Step L behind R, Step R to R side, Step L across R
5,6 Step R to R side, Replace weight on L
7&8 Step R behind L, Step L to L side, Step R fwd (6.00)

[41-48] 1/4 Pivot Turn, Cross Shuffle, Kick Fwd, Kick Side, 1/4 Sailor Step

1,2 Step L fwd, 1/4 Pivot Turn R (weight on R) (9.00)
3&4 L Cross Shuffle – Step L across R, Step R to R side, Step L slightly across R
5,6 Kick R fwd, Kick R to R side
7&8 1/4 Turn R step R back, Step L next to R, Step R fwd (12.00)

[49-56] Step Side, Replace, Behind Side Cross, Step Side, Replace, Behind Side Fwd (REPEAT)

1,2 Step L to L side, Replace weight on R - Hand Move – Open arms to side on count 1
3&4 Step L behind R, Step R to R side, Step L across R
5,6 Step R to R side, Replace weight on L
7&8 Step R behind L, Step L to L side, Step R fwd (12.00)

[57-64] 1/4 Pivot Turn, Cross Shuffle, Kick Fwd, Kick Side, 1/4 Sailor Step

1,2 Step L fwd, 1/4 Pivot Turn R (weight on R) (3.00)
3&4 L Cross Shuffle – Step L across R, Step R to R side, Step L slightly across R
5,6 Kick R fwd, Kick R to R side
7&8 1/4 Turn R step R back, Step L next to R, Step R fwd (6.00)

START AGAIN

ADDITION: At the end of wall 3 repeat counts 49-64, this will take you to the front wall to start the dance again from the top. This was done to fit the lyrics.

FINISH: Wall 5 – Finish on count 33 to the front wall with arms open wide.

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