Hugs & Kisses



拍數: 32 牆數: 4 級數: Improver

編舞者: Pat Stott (UK) & Liz Lowry (UK) - July 2016

音樂: A Letter to You - Shakin' Stevens



Commence: after 36 beats (approx 15 seconds)

Chasse right, rock back, recover, 2 hip bumps left, 2 hip bumps right

1&2. Right to right, close left to right. Right to right

3-4. Rock back on left, recover on right

5-6 Step left to left and small hip bumps twice to left7-8 Transfer weight to right bumping hips twice to right

Choreographers note: the hip bumps should be relaxed so the bumps feel more "bouncy" and let the shoulders just naturally go to the left then to the right with the hip bumps.

Step left to left, cross right behind left, turn 1/4 left shuffle forward, jazz jump diagonally forward, hold and clap hands, 2 more jazz jumps forward

1-2 Left to left, cross right behind left

3&4. Turn 1/4 left stepping forward on left, close right to left, forward on left

&5,6. Jump forward - Right, Left (out, out), hold and clap

&7&8. Still keeping feet slightly apart - jump forward small steps forward- right, left, right. Left (to

add style shimmy the shoulders as you dance the small jumps forward)

Shuffle forward, 1/4 pivot, cross shuffle, half turn over left shoulder

1&2. Right forward, close left to right, right forward

3-4. Step forward on left, 1/4 pivot right transferring weight to right
5&6. Left over right, right to right on ball of foot, cross left over right
7-8. Turn 1/4 left stepping back on right, turn 1/4 left stepping left to left

Cross shuffle, rock, recover, sailor step turning 1/4 left, stomp, kick

1&2. Cross right over left, left to left on ball of foot, cross right over left

3-4. Rock left to left, recover on right

5&6. Cross left behind right, turn 1/4 left stepping onto right, step left in place7-8. Stomp right foot without weight, kick right foot slightly towards right diagonal.

Tag end of wall 3 (facing 9 o'clock)

Grapevine right, tap, 4 Elvis knees, grapevine left, tap, 4 Elvis knees

1-4. Right to right, cross left behind right, right to right, tap left next to right (turning left knee in)

5-8. Elvis knees - transfer weight to left and turn right knee in, transfer weight to right and turn left knee in, transfer weight to left and turn right knee in, transfer weight to right and turn left knee

in

1-4. Left to left, cross right behind left, left to left, tap right next to left (turning right Knee in)

5-8. Elvis knees- transfer weight to right and turn left knee in, transfer weight to left and turn right

knee in, transfer weight to right and turn left knee in, transfer right Knee in.

Begin dance again

Step change during wall 8 after 18 counts and restart from the beginning facing 6 o'clock Dance sections 1, 2 and steps 1&2 of section 3 (shuffle forward) then stomp left with weight, hold and clap hands. Restart from the beginning.