

Bibi Hendl (aka Chicken Yodeling Polka)

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Jessica Boström (SWE) - June 2016
音樂: New Bibi-Hendl (Remix) - Takeo Ischi : (iTunes)



(Start after 32 counts, 14 secs in)

Phrasing: A, B, A, B, A, B, B, A, B, A5-A8 (last 32 counts of A)

A : 64 counts

A1. Chasse R. Back Rock. L Kick Ball Cross x2.

1&2 Step R to Right Side. Step L Next to R. Step R to Right Side.
3-4 Rock Back on L. Recover on R.
5&6 Kick L slightly Left Diagonal. Step L Together. Cross R over L.
7&8 Kick L slightly Left Diagonal. Step L Together. Cross R over L. (12.00)

A2. Chasse L. Back Rock. ¼ L Shuffle Back. ¼ L Chasse L.

1&2 Step L to Left. Step R Next to L. Step L to Left Side.
3-4 Rock Back on R. Recover on L.
5&6 ¼ Turn L Step R Back. Step L Next to R. Step R Back.
7&8 ¼ Turn Left Step L to Left Side. Step R Next to L. Step L to Left Side. (6.00)

A3. Cross. Back. Chasse R. Cross. Back. Chasse L.

1-2 Cross R over L. Step Back on L.
3&4 Step R to Right. Step L Next to R. Step R to Right.
5-6 Cross L Over R. Step Back on R.
7&8 Step L to Left. Step R Next to L. Step L to Left Side. (6.00)

A4. R Shuffle Forward. L Shuffle Forward. R Shuffle Back. Back. Touch.

1&2 Step R Forward. Step L Next to R. Step R Forward.
3&4 Step L Forward. Step R Next to L. Step L Forward.
5&6 Step R Back. Step L Next to R. Step R Back.
7-8 Step Back on L. Touch R Beside L. (6.00)

A5. Side. Behind. & Heel. & Cross. Side. Behind. & Heel. & Cross.

1-2 Step R to Right Side. Cross L Behind R.
&3&4 Step Back R. Tap L Heel to Left Diagonal. Step Ball of L Beside R. Cross R over L.
5-6 Step L to Left Side. Cross R Behind L.
&7&8 Step Back L. Tap R Heel to Right Diagonal. Step Ball of R Beside L. Cross L over R. (6.00)

A6. ¼ L Shuffle Back. ¼ L Chasse L. Full Box Turn L.

1&2 ¼ Turn L Step R Back. Step L Next to R. Step R Back.
3&4 ¼ Turn Left Step L to Left Side. Step R Next to L. Step L to Left Side.
5-6 ¼ Turn Left Step R to Right Side. ¼ Turn Left Step L to Left Side.
7-8 ¼ Turn Left Step R to Right Side. ¼ Turn Left Step L to Left Side. (12.00)

(for styling on counts 5-8 bend your knees a little bit and make it bouncy)

If you don't like fast turns, the option for counts 5-8 is a Jazz Box Cross:

5-8 Cross R Over L. Step Back on L. Step R to Right Side. Cross L over R.

A7. Side. Behind. & Heel. & Cross. Side. Behind. & Heel. & Cross.

1-2 Step R to Right Side. Cross L Behind R.

&3&4 Step Back R. Tap L Heel to Left Diagonal. Step Ball of L Beside R. Cross R over L.
5-6 Step L to Left Side. Cross R Behind L.
&7&8 Step Back L. Tap R Heel to Right Diagonal. Step Ball of R Beside L. Cross L over R. (12.00)

A8. ¼ L Shuffle Back. ¼ L Chasse L. Jazz Box Cross.

1&2 ¼ Turn L Step R Back. Step L Next to R. Step R Back.
3&4 ¼ Turn Left Step L to Left Side. Step R Next to L. Step L to Left Side. (6.00)
5-6 Cross R Over L. Step Back on L.
7-8 Step R to Right Side. Cross L over R. (6.00)

B : 16 counts

B1. Grapevine. Touch. Grapevine with ½ Turn L. Touch.

1-2 Step R to Right Side. Cross L Behind R.
3-4 Step R to Right Side. Touch L next to R.
5-6 Step L to Left Side. Cross R Behind L.
7-8 ¼ Turn Left Step L Forward. ¼ Turn Left Touch R next to L (weight on L). (12.00)

B2. Grapevine. Touch. Grapevine with ½ Turn L. Touch.

1-2 Step R to Right Side. Cross L Behind R.
3-4 Step R to Right Side. Touch L next to R.
5-6 Step L to Left Side. Cross R Behind L.
7-8 ¼ Turn Left Step L Forward. ¼ Turn Left Touch R next to L (weight on L). (6.00)

**Do not let the phrasing scare you. Steps are easy and you can hear the different parts clearly in the music.
Get bouncy & have fun with it!**

Special thanks to Johanna Heermann Wise for suggestion the music.

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Please do not alter this step sheet in anyway.

Last Update - 23rd Jan 2017
