Mayflowers

級數: Improver

編舞者: Jonathan YANG (FR) - June 2016

音樂: Mayflowers - Ashley Monroe : (Album: The blade - iTunes)

TURNING VINE 1/4 TURN, STEP 1/4 TURN, CROSS

- 1.2.3 step RF to R side, cross LF behind RF, turn 1/4 to R stepping RF forward
- 4 hold
- 5.6 step LF forward, turn 1/4 to R (weight on RF)
- 7.8 cross LF over RF, hold

1/2 BOX STEP BACK, KICK, SLOW COASTER STEP

- 1.2.3 step RF to R side, step LF next to RF, step RF backward
- 4 kick LF forward
- 5.6.7 step LF on ball backward, step RF on ball next to LF, step LF forward
- 8 hold

STEP LOCK STEP FORWARD, ROCK STEP 1/2 TURN, STEP FORWARD

- 1.2.3 step RF forward, lock LF next to RF, step RF forward
- 4 hold
- 5.6 rock LF forward, recover on RF backward
- 7.8 turn 1/2 to L stepping LF forward

1/4 TURN SWAY X2, 1/2 BOX STEP BACK

- 1.2 turn 1/4 L stepping RF with a sway to R side, hold
- 3.4 recover on LF with a sway to L side, hold
- 5.6.7 step RF to R side, step LF next to RF, step RF backward
- 8 hold

ROLLING VINE, HOLD, ROCK STEP, SIDE

- 1.2.3 turn 1/4 to L stepping LF forward, turn 1/2 to left stepping RF to the back, turn 1/4 to LF stepping LF to L side
- 4 hold
- 5.6 rock RF forward, recover on LF backward
- 7.8 step RF to R side, hold

SLOW CROSS UNWIND FULL TURN, 1/4 TURN STEP FORWARD, TOUCH, 1/4 TURN SIDE, TOUCH

- 1.2 cross LF over RF, hold (start turning to R)
- 3.4 unwind full turn to R (weight on LF)
- 5.6 turn 1/4 to R stepping RF forward, touch L point next to RF and snap R hand
- 7.8 turn 1/4 to R stepping LF to L side, touch R point next to LF and snap L hand

Dance taught during the 1st Country festival in Contigné (49, FR) the 25th & 26th June 2016, organised by THOMAS RANCH





拍數: 48

牆數:4