Ela's Groove



拍數: 48 牆數: 4 級數: Improver

編舞者: Pamela Lashley (BRB) - June 2016

音樂: Chuck Baby - Chuck Brown



(1 – 8) CROSS RIGHT OVER LEFT, STEP TO SIDE, CROSSING SHUFFLE, CROSS LEFT OVER RIGHT, STEP TO SIDE, CROSSING SHUFFLE

1,2,3&4 Cross RT over LT, step LT to left side, cross RT over LT, Step LT to left side cross RT over

LT.

5,6,7&8 Cross LT over RT, step RT to right side, cross LT over RT, Step RT to right side cross LT

over RT.

(9 -16) STEP TO SIDE, STEP TO SIDE, CLOSE HEELS, CLOSE TOES, CLOSE HEELS RIGHT SAILOR STEP, LEFT SAILOR STEP

1,2,3&4 Step RT to right side, step LT to left side, point heels in, point toes in, point heels in

5&6,7&8 Cross RT behind LT, step LT to left side recover on RT, Cross LT behind RT, step RT to right

side recover on LT

(17-24) TOE, HEEL, 1/4 RIGHT TURN, SHUFFLE, SCUFF, 1/2 TURN SHUFFLE

1&2,3&4 RT Toe tap, RT heel dig, hitch and turn ¼ to right, shuffle forward on RT 5,6,7&8 scuff LT, make a ½ turn, turning left on RT heel, shuffle forward on LT

(25-32) 2 STEPS FORWARD COASTER STEP, 2 STEPS BACK COASTER STEP

1,2,3&4 Step forward on RT, step forward on LT, step forward on RT, close LT next to RT, step back

on RT

5,6,7&8 step back on LT, step back on RT, Step back on LT, step RT next to LT, step forward on LT

(35-40) SIDE, CROSS FRONT, SIDE, CROSS BACK.

1,2,3,4, Point RT to right side, cross RT over LT, point LT to left side, cross LT over RT

5,6,7,8 Point Rt to right side, Cross RT behind LT, Point LT to left side, Cross LT behind RT

(41-48) ½ TURN PADDLE, 2 STEPS FORWARD, 4 STEPS BACK, CROSS RT

1,2,3,4 Paddle backwards with the RT making a ½ turn on LT heel

5,6,7&8&1 step forward on RT, step forward on LT, step back on RT, Step back on LT, step back on RT,

step back on LT, cross RT over LT

(For one to start the beginning of the Next wall)

No Tags, No Restarts

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