

Lost Without You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Mitha Primasari (INA) - June 2016
音樂: Lost Without You - Delta Goodrem



Intro : 16 Counts

I. Prissy walk, Scissor Step, Sweep, Step forward, Step Back

1-2 Walk R cross forward L, walk L cross R
3&4&5 Step R to side, close L to R, cross R to L, recover on L, step R forward sweep on L (10.30)
6-7-8& Turn 1/4 right step L forward (1.30), recover on R, step L back , step R back

II. Step back, Scissors Step, 1/4 Pique Turn, Walk Forward

1-2 Step L back, turn 1/8 right step R to side (3.00)
3&4&5 Step L to side, close R to L, Cross L to R, Close R to L, step L forward hitching R knee
(Touch RF to L knee) (4.30)
6-7-8& Turn 1/4 left step R forward, walk forward L,R, recover on L (1.30)

III. Step Back, Turn 3/4 Right, Cross Rock

1-2 Step R back, Step L back (1.30)
3&4&5 Step R back, recover on L, turn 1/8 right step R forward (3.00) turn 1/2 right step L back
(9.00), turn 1/4 right step R to side (12.00)
6&7 Cross L to R, recover on R, step L to side
8& Cross R to L, recover in L

IV. Step Side, 1/4 Turn Left with sweep, Botafogo, Monterey, Full Turn

1-2 Step R to side (12.00), turn 1/4 left step L forward sweep on R (9.00)
3&4&5 Cross R on L, step ball on L to side, step R forward, cross L to R, touch R to side (9.00)
&6&7 Turn 1/2 right close R to L (3.00), touch L to side, Turn 1/4 right close L to R (6.00), Step R
forward
8& Step L slightly forward make spiral full turn weight on L

#Restart on wall 2-4-6 (after 16& counts), and always start the dance at wall 12.00 after restart.

#Music option : Lost Without You by. Darren Hayes & Delta Goodrem (Piano Version)

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